



Tailormade Travels

MAGAZINE

Thailand's enchanted markets

Bazaars to barter in

Into the deep
Where to spot the Marine Big 5

HAYES & JARVIS

A close-up, high-resolution photograph of a lion's face, focusing on its eyes and nose. The lion's fur is a mix of golden-brown and tan, with fine details visible in its whiskers and the texture of its coat. The eyes are a striking yellowish-gold color, looking directly at the camera with a calm, steady gaze. The lighting is soft, highlighting the contours of the lion's face and the texture of its fur.

Hayes & Jarvis
welcomes you to the
very first edition of

Tailormade Travels

MAGAZINE

The start of a new journey

As a valued customer of Hayes & Jarvis, Sovereign Luxury Travel, Austravel or Citalia, we know you're always searching for fresh ideas, tips and insider information to help you plan your next escape. So, we got together to bring you all of our incredible experiences within the pages of this inspirational new travel magazine.

This bi-annual Hayes & Jarvis publication will bring you the latest news and updates on epic travels. Expect fascinating features from our experts on culture and discovery, sublime beach resorts offering total relaxation and tantalising articles on world food and drink. Sit back and let us transport you across the globe to your next adventure.

Journeys inspired by you, designed by us

Whether you're celebrating a special occasion, ticking off your travel wish list and seeking new ideas for your next getaway, we will make sure your escape is unique to you. This magazine will help you discover exotic cities, experience rich history and culture, or embark upon a thrilling wildlife encounter amid steamy jungles or rolling savannahs. We'll help you transform your travel dreams into unforgettable journeys.

Why choose Hayes & Jarvis?

- We've been exploring the world since 1952 to provide you with expertise and exceptional service from our dedicated Destination Specialists.
- We're in the know. Our travel experience means you get insider knowledge and detailed advice that others might miss.
- We're an award-winning travel company, recognised with multiple accolades and nominations. This means we're able to provide the finest travel experiences which are tailored to your individual needs.
- We're also committed to all the communities that call these fantastic destinations home. It's our belief that we can help to safeguard them for the enjoyment of future generations.
- We're united by exceptional levels of service. When you book with Hayes & Jarvis, the experience and expertise of our sister brands, Austravel, Sovereign and Citalia, is on hand to inspire your next journey too.

Start planning your next adventure

A single call will lead to a lifetime's worth of memories. Our travel experts are ready to listen to your travel aspirations and help to plan your next trip. You may only have the vaguest idea about where you want to go and what you want to experience, but we're ready to help. Using our first-hand knowledge we'll refine every little detail to create a seamless journey of discovery.

What is tailormade travel?

Tailormade travel is the art of creating handcrafted trips to suit you. We believe there is no such thing as one-size-fits-all holiday. Our experts have visited all the places we offer in order to provide outstanding knowledge and service. From the moment you call to the moment you return home, we'll be your trusted travel advisors. Wherever in the world you travel, we'll be right by your side, supporting your journey every step of the way.

A family of brands united by travel

We belong to a family of tailormade specialists who live, breathe, eat and sleep travel. Alongside Hayes & Jarvis, these include Sovereign Luxury Travel, Austravel – experts in Australia, New Zealand and the South Pacific – and Citalia, leading Italian specialists. We've combined our expertise to create exceptional global journeys.

Our knowledge covers the globe; from the enchanting cities of Europe to the rainforests of South America and the snow-capped peaks of the Canadian Rockies to the spectacular deserts of Australia. Together, we can offer you more awe-inspiring experiences, irresistible cities and meticulously designed luxury escapes.

Travel unites us all.

Together, we've got your world covered.

T&C's: All prices are per person and based on 2 adults sharing standard accommodation including return flights from London Heathrow or London Gatwick on selected departure dates. Prices correct as of 16 July 2019 and are subject to change. Normal terms and conditions apply. Calls from UK landline to 01293 numbers cost the standard rate and calls to 0800 numbers are free, but calls from mobiles may be higher. Check with your network provider. ATOL protected 1275. WSR-8526





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Get the most out of your travels with our pull-out guides.

On the cover

Explore Thailand's food markets and tuck into some of the tastiest street food experiences in Asia.



What's Hot 2020

In need of some 2020 travel inspiration? Here's our run down of some of the most exciting new Hayes & Jarvis experiences, tours and destinations for the coming year.



Spotlight: *Japan*

Diverse, eclectic and imbued with tradition, Japan is a country of infinite possibility. In the coming months, it will host two of the world's largest sporting events: the Rugby World Cup in autumn 2019, and the summer Olympics in 2020. Here's our guide to some of the best things to see and do in the Land of the Rising Sun.



Tokyo

As the world's most populated city, it's no surprise that Tokyo's landscape is constantly evolving. From the ancient temples of Asakusa to the towering structures of Shinjuku, Tokyo's business district, there are contrasts almost everywhere you look.

Tokyo National Museum, the oldest in Japan, comprises the world's most comprehensive collection of Japanese art and happens to be situated in one of the city's oldest parks. Covering more than 100 acres, the grounds feature a range of impressive sights, including ancient temples, shrines and over 1,000 sakura (cherry blossom) trees. They can be seen in bloom in the springtime, between March and April.

At Tsukiji, the world's largest fish market, you can sample local delicacies or sit back and watch the live produce auctions from a viewing station on the second floor. Among the food stalls you'll find several kiosks specialising in traditional Japanese sushi – some of the freshest available anywhere in the city.

For peace and tranquillity, visit Shinjuku Gyoen National Garden. Spanning 144 acres, the area features a Taiwan Pavilion and a traditional Japanese area, as well as a formal French garden and an English country-inspired garden.

Nakameguro, Tokyo's artistic neighbourhood, is another spot to see sakura in all their pastel-hued glory. The area's independent cafés, bookshops and boutiques are prime

places for people watching, and offer a welcome respite from the buzz of areas like Shinjuku.

The Shibuya Crossing has iconic status for a reason - it encapsulates the city's energetic spirit. The best time to visit is at dusk, when the area is bathed in gentle golden light.

To soak up the local nightlife, visit Shibuya's Karaoke Kan. Featured in the 2003 film, *Lost in Translation*, this typical karaoke bar combines leather booths, disco lights and colourful décor spread across a series of private rooms. ▶

TOP SIGHTS Snow monkeys of Japan

Departing from Tokyo Railway Station, leave the city behind for Jigokundani National Park. Here, you'll witness Japanese macaques (snow monkeys) bathing in the natural hot springs, surrounded by snow in the winter and cherry blossoms in the spring.



Spotlight on Japan: (Clockwise from left) Geisha. Sake containers. Snow monkeys in Jigokundani National Park. Tsukiji fish market.





Spotlight on Japan: (Clockwise from above) Tranquil Hakone. Tea with a Geisha. Katsuoji Temple in Osaka. Streets of Osaka.

Hakone

Hakone is renowned for its breathtaking landscapes, top class art museums and onsen (hot springs). Known as the Gateway to Mount Fuji, a top tip is to ride the Hakone Tozan 'switchback train' up through the mountains for stunning views. For a truly authentic experience, spend the night in a traditional Japanese Inn or ryokan, complete with rice straw tatami mats and a private onsen bath.

Takayama

The mountain village of Takayama in Central Honshū is one of the most atmospheric spots in Japan. Much of what you'll see today dates back to the 17th century, and for such a small town, there's plenty to explore. If you visit in October, don't miss the Takayama Festival. Top sights include the Kusakabe Folk Museum, the Hida Takayama Museum of Art and the Karakuri Museum, which houses more than 300 shishi (lion) masks, costumes and instruments relating to the festival.

Kanazawa

Another Central Honshū highlight is Kanazawa. Its best known attraction is Kenroku-en, a 17th century Edo-period castle garden. The name means 'combined six' or 'garden of six elements', and refers to six apparent attributes for perfection: seclusion, spaciousness, artificiality, antiquity, abundant water and broad views.

Kyoto

Kyoto is brimming with ancient history, from the striking Kinkaku-ji (Golden Pavilion) to the vast Shinto shrine Fushimi Inari-Taisha, this city boasts some unforgettable sights. Situated at the top of Hiei-zan, an 848m high mountain, the Enryaku-ji temple complex makes for an immersive afternoon of exploring. You can reach the area by bus, but the funicular (or ropeway in Japan) is by far the most interesting route.

Much like the city itself, Kyoto's food scene combines tradition and innovation. Head to Pontocho Alley, an atmospheric walkway lined with restaurants serving everything from à la carte dishes to takeaway yakitori.

No trip to Kyoto is complete without a visit to Gion, the city's geisha quarter and entertainment district. Set off from the main street, Hanami-kōji, and take a leisurely stroll past the lines of traditional machiya merchant houses. Keep an eye out for groups of geiko or maiko (Kyoto dialect for geisha and geisha apprentices) on their way to or from engagements.

Osaka

Osaka is playful, vibrant and renowned for its excellent food scene. Spend an evening at an izakaya (pub restaurant), eating and drinking with the locals. For a taste of the city's nightlife, head to Dōtombori, one of Osaka's liveliest neighbourhoods.

Other unmissable attractions include the National Museum of Ethnology, the Shin-Sekai entertainment district and Abeno Harukas (Japan's tallest building). There's also the Kaiyukan Aquarium (which will appeal to children and adults alike), the 16th century Osaka Castle and Hozenji Temple, which will have you feeling as though you've stepped back in time.

● **Feeling inspired?**

We recommend our Highlights of Japan tour - 9 days from £3,799 per person. To find out more about our incredible Japan itineraries call 01293 762439 to speak to one of our Destination Specialists or visit hayesandjarvis.co.uk.



Geisha tea house experience, Kyoto

While in Gion, don't miss the chance to visit an authentic teahouse. Indulge in a soothing cup of green tea, accompanied by a selection of Japanese sweets, whilst watching a maiko perform a traditional dance. Afterwards, you'll have the opportunity to speak with the maiko and take photos, so don't forget to bring your camera.

Fast facts and Japanese etiquette

Meeting and greeting

In Japan, it is customary to bow politely whenever you meet someone, thank them, or say goodbye.

Footwear

Whenever you enter a private residence or traditional lodging, you'll need to take off your shoes. If a building has a dipped entrance (genkan) with rows of shelves or

footwear nearby, this indicates that you'll be expected to swap your outdoor shoes for a pair of slippers.

Chopsticks

These have several symbolic meanings and there are a few simple rules to observe. Don't stick your chopsticks upright in your rice bowl, as this is a ritual reserved only for funeral services. It's also considered impolite

to cross your chopsticks, rub them together or use them to spear pieces of food.

Public transport

Transport is simple and stress-free in Japan. English signage is used throughout the larger cities, and in every major railway station, there's an English speaking Japan Railway employee on hand to help. ►



New destination – Montenegro

A new destination for Sovereign this year, Montenegro is bursting with culture and charm. Renowned for its friendly, gregarious locals, beautiful beaches and rugged mountainous landscapes, this is the perfect relaxing holiday spot for couples and families alike. With its idyllic Old Town, the city of Budva combines modern sensibility with historic architecture and an excellent choice of restaurants and bars. Towards the sea, the Citadela offers breathtaking views of the surrounding area.

Ready to book your luxury getaway to Montenegro? Call one of our Trusted Advisers on 01293 765010 or visit sovereign.com for more details about this alluring city.



New destination – Lisbon

Famous for its cobble streets and bright yellow trams, Portugal's capital is the ultimate city break destination. Built across seven hills, Lisbon combines the buzz and excitement of urban living with a fascinating past, and a stretch of stunning coastline not far away. With an excellent food scene and wide variety of historic sites, galleries and museums to discover, your only trouble will be fitting everything into one trip.

To experience the magic of Lisbon, call one of our Trusted Advisers on 01293 765010 or visit sovereign.com for more details.



New tour – Land of the Eternal Spring, Guatemala

Experience the wonder of the Guatemalan city of Antigua on this brand new escorted tour. A fascinating mix of ancient ruins and carefully restored colonial architecture, the area was declared the "Monument of America" in 1965. During the trip, you'll visit an organic coffee plantation before moving on to Lake Atitlán, one of the most picturesque bodies of water in the world.

For more details on this unforgettable itinerary, call to speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.

New tour – A Biblical Journey through Jordan

This Hayes & Jarvis escorted tour takes you on an unforgettable journey across Jordan, discovering ancient landscapes and delving back through the country's rich history. Starting in Amman, visit the city of Jerash, a place where old and new sit side by side. Spend time exploring the Roman ruins and the Temple of Artemis, before moving on to Tall Mar Elias and Anjar Pilgrimage Site. In Pella, witness the remains of a Chalcolithic settlement, as well as those of Byzantine churches and even a medieval mosque. Later in the tour, head to the Nabatean Red Rose city of Petra, one of the Seven Wonders of the World and a UNESCO World Heritage Site.

For more details on this exciting new itinerary, call to speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.



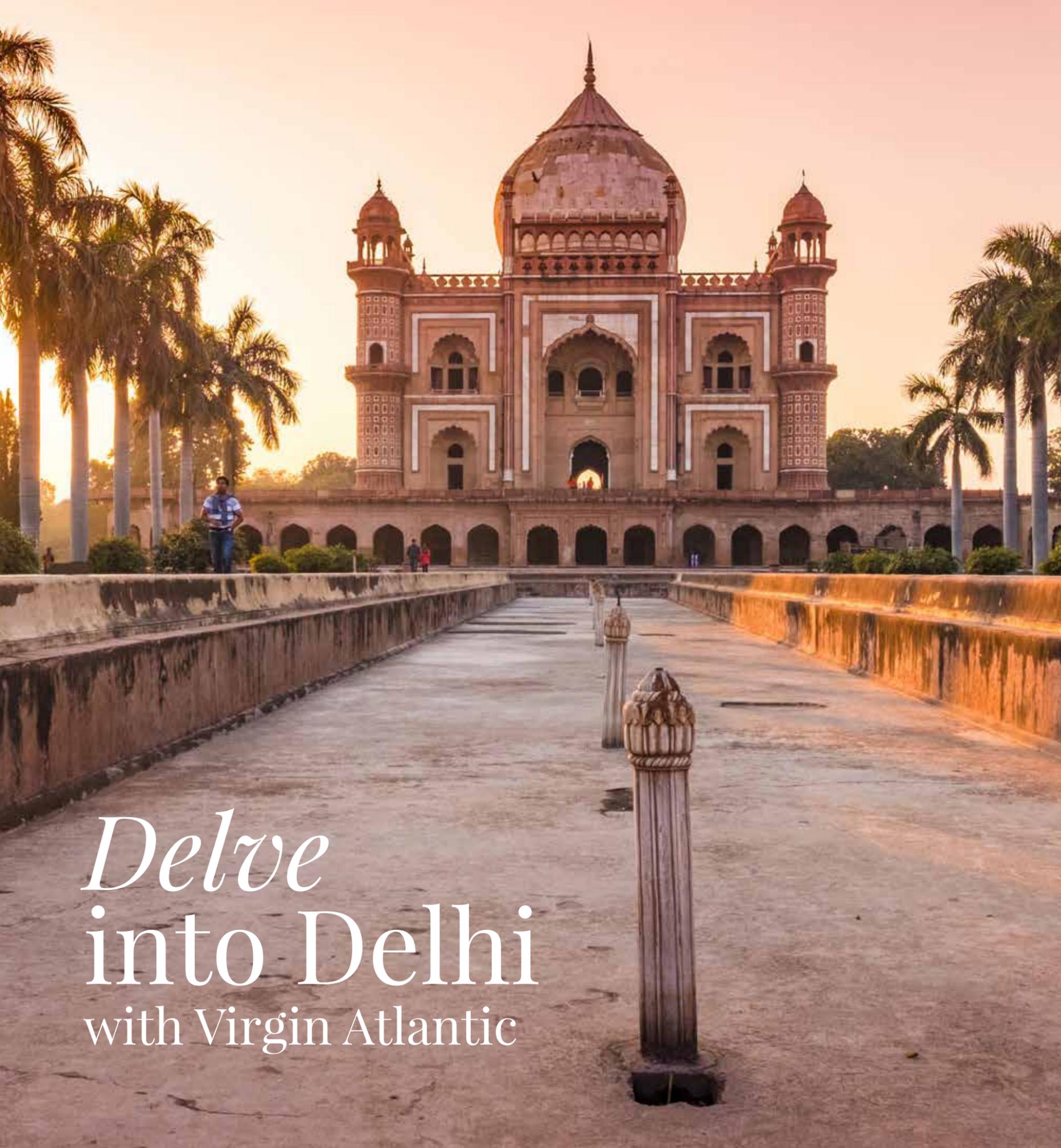
New tour – Antarctica Explorer: Discovering the Seventh Continent

Experience the very best of the Antarctic Peninsula on this 12-day Quark expedition cruise. Highlights include visiting research stations, hiking through icy landscapes and enjoying close-up encounters with some of the area's most incredible wildlife, such as seals and penguins. You can also take advantage of sea kayaking opportunities, or even try your hand at stand up paddle boarding.

To plan your next adventure, call 01293 762439 or visit hayesandjarvis.co.uk. 



What's Hot
2020
the rest of the world



Delve into Delhi with Virgin Atlantic



Images:(Lefttoright)Immerseyourselfin Delhi.ExploreMehrangarhFort,Jodhpur. Virgin Atlantic.



With Virgin Atlantic, partners of Hayes & Jarvis, you can fly direct from London Heathrow to Delhi in just eight and a half hours. So, it's easier to immerse yourself in this vibrant capital. For a truly unforgettable adventure, there's nothing quite like India's Golden Triangle.

From the mosques and temples of Delhi to the magnificent splendour of the Taj Mahal and the romantic palaces of Jaipur, this diverse journey allows you to experience some of India's best-loved cities and sites.

In Delhi, immerse yourself in cultures old and new as you explore the contrasting sides of the city. From ancient forts and temples to an ever-growing urban skyline, there's so much to discover.

Moving on to Agra, on the banks of the Yamuna River, prepare to witness one of the world's most talked about attractions: the Taj Mahal. Built by Shah Jahan in memory of his third wife, the palace and its surrounding complex took more than 20 years to complete and was awarded UNESCO World Heritage status in 1983.

En route to Jaipur, visit Fatepuhr Sikri, a hauntingly beautiful fortified city which was once the capital of the Mughal Empire. The area is particularly photogenic at sunset, when the red sandstone walls of the palace are bathed in a fiery golden light. From Jaipur's Amber Fort, head on to Hawa Mahal - the Palace of the Wind - and the romantic Rajasthani Palace. Later, you'll discover the Maharaja's City Palace, as well as Jantar Mantar, the largest stone and marble observatory in the world.

After exploring Jaipur, you'll stop off in Pushkar and Jodhpur to experience Mehrangarh Fort - one of Rajasthan's most impressive structures - and the iconic Ranakpur. With no less than 144 pillars in the main temple, this is a site you won't want to miss.

Towards the end of the trip, enjoy a day in Udaipur exploring the City Palace and the Palace of Lord Krishna, before returning to Delhi for your flight home.

Virgin Atlantic flights to Delhi are available year-round, so the only trouble you'll have is deciding when to visit. The monsoon season runs from June to late September, when the humidity and rainfall levels are higher than in the winter months, but India is beautiful any time of year.

For a next level flight experience, upgrade to Premium Economy where those little extras make all the difference. More spacious seating, a welcome glass of fizz and meals served on china crockery are just a few of the personal touches you can expect from Virgin Atlantic's Premium cabins.

To expand your holiday horizons even further, why not take advantage of Virgin's new direct route to Mumbai? Launching in October 2019, flights will depart daily from London Heathrow, making it easier than ever to experience the wonders of India's largest city.

● Feeling inspired?

We recommend our 11 days India's Golden Triangle and Ranthambore tour from £2,199 per person.

To start planning your next adventure call 01293 762439 to speak to one of our Destination Specialists or visit hayesandjarvis.co.uk.



INCREDIBLE ENCOUNTERS:

in search of the Marine BIG 5

From killer whales in British Columbia to the penguins of Philip Island, here's the Hayes & Jarvis insider's guide to the world's most unforgettable marine wildlife.

IMAGE: orca in Victoria, British Columbia.

More than 70% of the earth's surface is covered by oceans, and yet much of this watery world still remains unexplored. Within these depths, there are currently more than 230,000 different recorded species of marine life: from 100ft blue whales right down to the comparably tiny dwarf lantern shark.

If you've had the chance to spot marine life in the wild, you'll know that seeing these fascinating creatures in their natural habitat is one of the most unique and memorable experiences you can have. But with so much to discover, it's important to do your research before planning a wildlife watching trip.

We asked two marine wildlife experts for their tips on the best places in the world to spot marine animals, as well as some key insights into environmental conservation and what can be done to help protect these creatures and their ecosystems. ►

Marine wildlife in South Africa

Expert Q&A

Read our Q&A with Byron, a Nature & Marine Guide at Grootbos Private Nature Reserve, South Africa



Q How long have you been working with marine animals?

I've been involved with Penguins at Boulders Penguin Colony and the Southern African Foundation for the Conservation of Coastal Birds (SANCCOB) since 2010. I'm currently working with southern right whales and sharks, as well as other nature conservation and guiding initiatives.

Q What was it that first got you interested in this type of work?

I became interested in marine activities as a child and have been surfing, fishing and diving from a young age. My lifestyle has revolved around the marine environment for as long as I can remember, and that's what led me to develop a passion for nature conservation.

Q What's your favourite part of the job?

Meeting the people who visit Grootbos Nature Reserve every day is by far the best part of my job. I love having the opportunity to share my passion for these wonderful creatures, and to teach others about conservation.

Q What's the worst part of the job?

Seeing how unsustainable activities affect these ecosystems and, sometimes, the complete disregard for the wellbeing of these animal by us humans. Overfishing has had a terribly destructive impact, as it's meant that penguins and seals are forced to travel further for food, which has placed them in increasing danger.

Q Tell us an interesting fact about the marine animals you work with.

Great white sharks roll their eyes back into their sockets to protect them when they are hunting, especially when hunting seals.

Southern right whales migrate between 6,000 to 7,000km from Antarctica to our shores, and most do not feed while they're here – usually for about six months.

Q What's the most memorable experience you've had in your job so far?

Seeing whales weighing almost 60 tonnes breaching more than 10 times over. It's absolutely incredible to watch and amazes me every time.

Q Can you tell us a bit about how marine animals are being affected by climate change and plastic in the ocean?

Plastic can smother marine life as it gets stuck around their bodies and, in the worst cases, strangles them and prevents them from breathing. Animals feeding on jellyfish or seaweed often mistake plastics on the seabed for food and choke. Rising ocean temperatures bleach and kill corals, which drastically reduces the rich biodiversity. In the Polar Regions (the areas surrounding the north and south poles) climate change has resulted in melting ice caps, and this in turn has dramatically reduced hunting and reproduction opportunities.

Where to spot the Marine Big 5



Spotting the Marine Big 5: (Clockwise from top) Get up close to Penguins at Boulders Beach in Cape Town. Sharks in Australia. Seals at Grootbos Private Nature Reserve, South Africa. Dolphins in their natural habitat.

Humpback Whale, British Columbia



Whales

For the best chance to see orcas and southern right whales up close, visit Walker Bay Nature Reserve in De Kelders or De Hoop, Western Cape, about a three-hour drive from Cape Town, South Africa. More than 200 whales can be seen any given day during the summer season (June - November).

Visit the area between Victoria and Vancouver from May - October or early November, and you'll have the best chance of spotting grey, humpback, minke and orca whales.

Sharks

Dyer Island just outside Gansbaai, South Africa is famous for its population of great white sharks.

To catch a glimpse of grey nurse sharks swimming in the wild, head to Byron Bay, New South Wales. Ningaloo Reef in Western Australia is one of the best places in the world to swim with whale sharks. These gentle giants are the biggest fish in the ocean, and are easily seen here between March and July.

Penguins

In South Africa, Boulders Beach is a great place to get up close to penguins, as is Stony Point Penguin Colony. You'll find it on the R44 from Cape Town towards Betty's Bay.

Philip Island, Australia, is home the world's largest colony of blue penguins. It's a 90-minute drive from Melbourne, but we recommend spending a few days in the area to really make the most of the wildlife viewing opportunities.

Dolphins

Monkey Mia Dolphin Resort in Shark Bay, Western Australia, is the perfect place to spot wild bottlenose dolphins, as it's the only area of the country where these creatures can be seen daily, not just seasonally.

Elsewhere in the world, it's possible to see bottle nose and spotted dolphins in Costa Rica all year-round, and in Cambodia, Irawaddy dolphins can be found playing in the Mekong River. They're usually most active during the dry season (December - April).

Seals

At Cape Cross Seal Reserve in Namibia, an incredible population of more than 100,000 fur seals can be found basking on the shore. Cape fur seals can also be spotted in large colonies between South Africa's West Coast and Port Elizabeth. The annual pupping of seals takes place on Dyer Island, Western Cape, from November - December. ▶

Whale watching in British Columbia - Expert Q&A

Read our interview with Brett Soberg, co-owner of Eagle Wing Whale and Wildlife Tours, Victoria, British Columbia



Q How long have you been working with marine animals?

I've been working with marine animals for a long while now, full-time since 1997. Today, I'm lucky enough to be a co-owner, operator and captain at Eagle Wing Whale and Wildlife Tours in Victoria's historic Fisherman's Wharf.

Q What was it that first got you interested in this type of work?

I was born and raised in Victoria, so I've been exposed to a diverse range of marine animals my whole life. I used to work in the hotel industry, but I had a friend who was involved with marine wildlife and one day he persuaded me to join him on a whale watching tour. I didn't really know what to expect, but I was intrigued, and as soon as we got out on the water, I remember being amazed and overwhelmed by the multisensory nature of the experience.

Q What's your favourite part of the job?

There are several main parts of the job that I love. The first is orchestrating guest experiences, which is all about curating and stimulating multisensory adventures. The second involves environmental education. Each of our tours includes a detailed commentary on Victoria's wildlife, so our guests come away feeling informed as well as inspired about the animals they've seen. Teaching people about our local marine life is a huge part of why I love the job so much.

"We think of sustainability and conservation in terms of the four Rs: recycle, reduce, reuse and rethink"

Q What's the worst part of the job?

The part I dislike the most is witnessing the plight of the orcas. Of the five species of whales we have in the area, four are thriving, but one is facing great difficulty, and the key reason for this is prey. The whales feed mainly on Chinook salmon, but toxins, water pollution and poor commercial fishing practices have all meant that food supplies are dwindling. We need to do everything we can to put more fish back into the ocean.

Q Tell us an interesting fact about the marine animals you work with.

One of the most interesting facts about orcas is that they have very distinct personalities and really interesting family dynamics; the women are in charge (which is the way it should be!) and tend to form very strong, lifelong bonds. Last year, a female orca made the news headlines when she carried her dead calf with her in the water for 18 days – a very sad story, but one that shows the real strength of their emotional attachment.

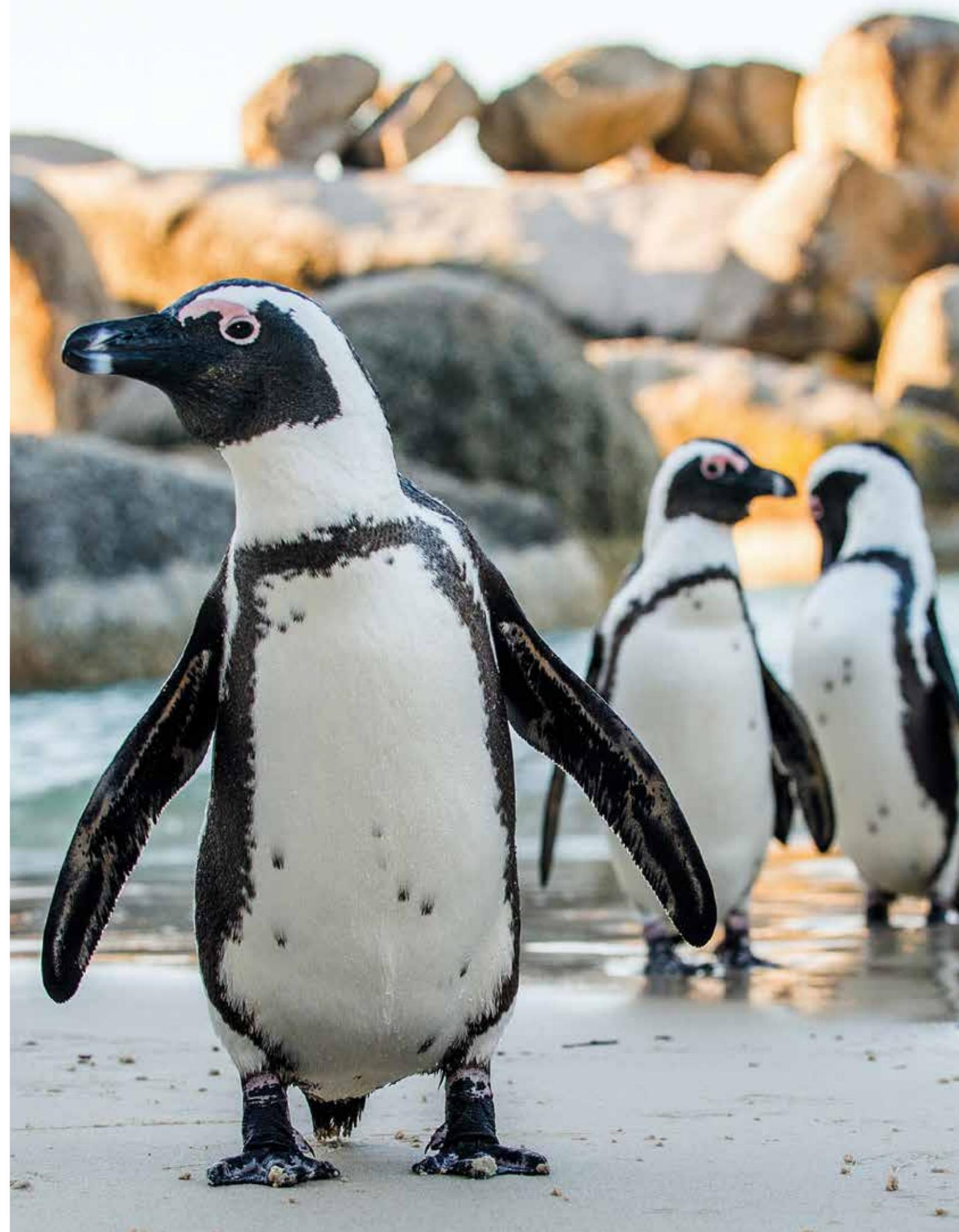
Another amazing fact is that orcas have their own language. They communicate using a combination of around 30 different sounds. There are around 13 different ecotypes of orcas in total and no two sound the same. During our tours, we use underwater hydrophones to allow guests to hear the sounds of the whales over a surround sound system. Their mysterious and beautiful calls are a highlight of any trip. **7**

What can us as travellers do to help?

- Reducing individual plastic usage and consumption is essential. This means trying to avoid using single-use plastics such as bottles, cups, straws and bags and opting for reusable items instead.
- Social media is a fantastic tool for spreading awareness about the effects of plastic on marine life and ecosystems. Sharing personal experiences is vital for making a difference.

● Ready to embark on your own marine wildlife adventure?

For more inspiration and advice on where to spot the marine big five, call to speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.



Air Canada & United Airlines

Air Canada and United Airlines offer comprehensive access to over 280 destinations across the Americas and connections to 60 airports across Canada. It's never been easier to hop between cities and explore more. Fly to Calgary or Vancouver, where you can explore the surrounding areas such as the beautiful turquoise waters of Lake Louise, or hike along a beautiful selection of world-class trails in Whistler. Combine your journey of the west coast with a flight to Toronto in the east. Here, you can see the iconic Niagara Falls, or journey south to end your adventure in the Big Apple.



Image: Lake Louise, Alberta



STAR ALLIANCE MEMBERS

For more inspiration speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.

Discover Canada by rail

Explore Canada in complete luxury on board one of the world's most celebrated trains: the Rocky Mountaineer. Travel through breathtaking beauty and the untamed wilderness of the Canadian Rockies. GoldLeaf Service offers panoramic views from a bi-level glass dome coach and an exclusive outdoor viewing platform for some fresh mountain air.

Begin in Calgary, then make your way to the resort town of Banff and the turquoise waters of Lake Louise, before travelling along the Icefields Parkway towards Jasper and Kamloops. Finish your unforgettable journey amongst the Discovery Islands and lavish in wilderness at the luxurious Sonora Resort.

- **11 days Journey Through the Clouds Explorer** with Sonora Resort (westbound) from £6,549 per person.



For more inspiration speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.





MICRO ADVENTURES: *a different kind of discovery*

What are microadventures?

Put simply, they are shorter travel experiences which offer a different perspective on holidays, allowing you to try something new. Hayes & Jarvis (and sister brands Citalia and Austravel), have selected some of our top ‘mini adventures’ to inspire you.

Why go on a microadventure?

Memorable, spontaneous and exciting, microadventures have all the qualities you might expect from a more traditional adventure. However, but unlike the elaborate journeys of discovery we often read about in travel guides, microadventures are shorter, simpler and more accessible. Somewhere, there’s a microadventure waiting to happen.

Creating your own microadventure

When it comes to planning your own adventure, it can be difficult to know where to begin, particularly if you’re abroad and in an unfamiliar destination. Adventures are about making the most of life, experiencing new things, discovering other cultures and meeting fascinating people. Microadventures make this even easier. Wherever you are in the world, the secret lies in being spontaneous. There are no hard and fast rules about what microadventures should be; each one is totally individual. The only condition is that you get out and about and embrace the freedom to explore.

So, whether you’re spending a week in the Italian lakes or a fortnight exploring South East Asia, take time to go in search of your own “tiny epics” and see what a difference they can make.

[Top 6 worldwide microadventures](#) ►

Sextantio Le Grotte della Civita, a complex of UNESCO World Heritage-listed cave dwellings.

1 Discover Beijing's living museum, then eat lunch with the locals

Beijing's Forbidden City is a must for any first time visitor to China. All around the area are hutongs: narrow alleyways in between traditional courtyard residences, most of which were built during the Yuan, Ming and Qing dynasties. For an insight into Beijing's hidden past, step away from the main streets and spend an afternoon exploring with the help of a local guide. Passing through this intricate network of streets and walkways, you'll see that several hutongs have been converted into bars, restaurants and thrift shops. Travelling by tricycle through quiet backstreets, you'll be able to immerse yourself in the city's living history before stopping for lunch with a host family.



2 Stay the night in UNESCO-listed cave dwellings

The city of Matera, in the Basilicata region of southern Italy, has long been recognised for its rich cultural heritage, but spend 48 hours here and you'll see that there's much more to be discovered than museums and cathedrals. For a once in a lifetime experience, spend the night in the Sextantio Le Grotte della Civita, a complex of UNESCO World Heritage-listed cave dwellings. Situated in the oldest part of Sassi di Matera, the caves were first inhabited over 7000 years ago, and have been restored to preserve the original minimalist atmosphere with open fires and dark wood furnishings.

Pictured on page 22 & 23

● **To start your own Italian microadventure,** call 01293 765094 to speak to one of our Italy Experts or visit citalia.com.

3 Bathe in volcanic hot springs in the middle of a forest

When it comes to outdoor adventures, Costa Rica has it all: rainforest hikes, white water rapids, mist-shrouded volcanoes and miles of unspoilt coastline. What's more, the country ranks third in the world for environmental conservation, making it one of the most sustainable and biodiverse destinations on the planet. With so much to explore, microadventures are a fantastic way to make sure you get the most out of your trip. Starting at Rincón de la Vieja National Park, head to Rio Negro's volcanic hot springs to bathe in the naturally heated waters. Away from the main trails and sheltered by a canopy of the surrounding rainforest, you'll be in your very own oasis of tranquility.



4 Explore Puerto Rico's glow in the dark waters

If you're planning a trip to Puerto Rico, make sure you leave time to visit one of the island's bioluminescent bays. These rare ecosystems form only when microscopic organisms called dinoflagellates grow together in large enough quantities to give off a 'glow-in-the-dark-effect', and the result is truly spectacular. There are only five ecosystems in the world where these bioluminescent bays exist, and Puerto Rico is home to three of them, so it's the perfect place to set off on an eco-friendly microadventure.



5 Spend an evening under the stars and learn the art of Aboriginal cooking

For the ultimate immersive microadventure, there's nothing quite like an evening in the Australian outback. Sit by the campfire to learn about the fascinating history of the Gutharraguda (the Aboriginal name for Shark Bay), then prepare and enjoy a meal of fresh seafood or bush tucker cooked on the open fire. The evening will be accompanied by the tribal tones of the didgeridoo – you can even try your hand at playing it – and all the while, be sure to look out for local wildlife. Those with a keen eye may be able to spot echidnas and kangaroos on their night-time wanderings.



6 Swim with pigs in Great Exuma, Bahamas

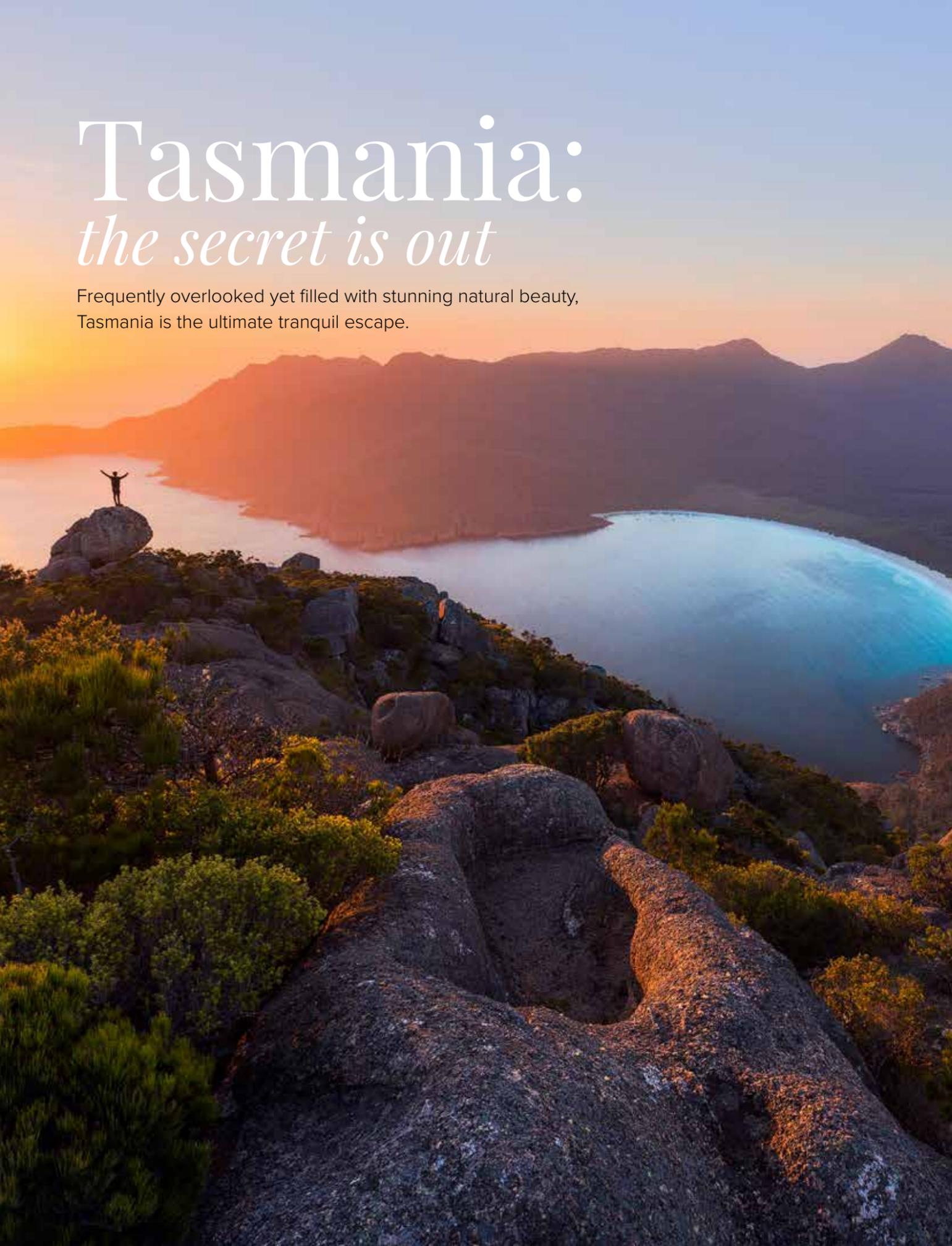
Whether you're on a romantic retreat or a family holiday, the Bahamas is a fantastic microadventure destination. Hidden away on one of the Bahamian Exuma islands is Pig Beach, where you can spend an afternoon swimming with and feeding the friendly pigs in and around Great Exuma, during the trip you'll also have the chance to spot nurse sharks at nearby Compass Cay. [7](#)

● **Ready to start planning your own microadventure?** Call to speak to one of our Destination Specialists on 01293 762439 or visit our website at hayesandjarvis.co.uk for advice and inspiration on creating the perfect itinerary.



Tasmania: *the secret is out*

Frequently overlooked yet filled with stunning natural beauty, Tasmania is the ultimate tranquil escape.



The breathtaking island of Tasmania: (Left to right) Scenic beauty of Freycinet. Bruny Island. Oysters. Tasmanian Devil, the world's largest carnivorous marsupial.

Splendid isolation

On an island similar in size to the Republic of Ireland (pop: 4.8 million), you'll find plenty of room to roam among Tasmania's population of 515,000. Featuring spectacular scenery and incredible wildlife encounters, you may often find that there is nothing between you and the wilderness but the width of your camera lens.

Epic road trips

If you dream of finding the perfect motorhome adventure and leaving cities and towns in your rear-view mirror, then hire a campervan in Hobart and embark on a drive of the Grand Circle of Tasmania. As your journey takes you from Hobart to the scenic beauty of Freycinet National Park and onwards to the Bay of Fires, you'll realise that journeys like these make lifelong travellers of us all.

Similar, yet so very different

There are moments when Tasmania will remind you of the hills and valleys of home: However, there are important differences.

Take the celebrated MONA (Museum of Old and New Art) in Hobart. This world-famous institution is so unusual (and utterly engrossing) with its interactive, thought-provoking exhibitions, it's hard to imagine it being anywhere else in the world. Just like the Tasmanian Devil or the red belied pademelon, MONA is unique to these shores, and certainly worth visiting.

Beaches

If you asked our Travel Designers here at Tailormade Travel Magazine to name their favourite beach, Wineglass Bay in Freycinet National Park would be a contender for the top spot. It's a vision of white sand and aquamarine waters, almost hidden within a crescent of encircling mountains. Just one of many idyllic beaches on offer, elsewhere Coles Bay, Bruny Island or Seven Mile Beach mean that your only dilemma will be deciding where to have your picnic.

A nature lover's dream

Tasmania is a land of superlatives: home to the world's tallest flowering tree (eucalyptus regnans), the world's largest carnivorous marsupial (the Tasmanian Devil), the smallest penguin (the eudyptula minor) and one of the planet's longest living plants (Huon pine can live to 3,000 years old). What nature-lover wouldn't want to see a quoll in the wild, a numbat or even a rabbit-eared bandicoot? Plus, in the rich feeding grounds along the sheltered East Coast, humpback and southern right whales cause a splash with their magnificent marine displays. Tasmania is a sanctuary of truly wild encounters that should be high on the wish list of any avid traveller.



Facts

Climate: Temperate, with seasons opposite to those of the UK. Spring starts in September, summer in December, autumn in March and winter in June.

Flying time to Hobart: 28 hours + 2 stops

Driving time:
Hobart to Freycinet – 2 hours 30 minutes
Hobart to Cradle Mountain – 4 hours
Hobart to Launceston – 3 hours

GMT: + 10 hours

● Feeling inspired?

We recommend a 12 day Discover Tasmania itinerary from £2,595 per person. For more Australasia 2020 inspiration speak to an Austravel Travel Designer on 0808 278 2299 or visit austravel.com.



Experience the Pearl of the Middle East

Situated in the heart of the Arabian Peninsula, Qatar is a country in which the ancient and the modern sit side by side. A unique location steeped in history and tradition, you can see everything from ancient souqs to stunning desert landscapes here, as well as an impressive - and rapidly growing - skyline in the capital city of Doha. Why not experience two unforgettable destinations in one trip? Combine your stay in dazzling Doha with a visit to Sri Lanka, where golden beaches meet colourful culture.

- 12 days itinerary – 3 days Doha combined with 9 days Sri Lanka, including our Classic Ceylon tour from £2,579 per person.



QATAR

For more inspiration call to speak to one of our Destination Specialists on 01293 762439 visit hayesandjarvis.co.uk.



A feast for the senses

From the rolling Tuscan hills to the bustling piazzas of Rome and the glimmering shores of the Amalfi Coast, Italy is filled with memorable experiences. Whether you want to stay at iconic hotels, dine on exquisite cuisine or explore ancient ruins, we can craft a holiday individually tailored for you. For timeless journeys in irresistible Italy, choose Citalia.

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A Food Lover's Guide to Italy's Amalfi Coast *with Gennaro Contaldo*



GENNARO CONTALDO
Citalia Brand Ambassador

"I try to return home as much as I can and love to take my family there for holidays. One of the first things I do when I arrive, at whatever time of year, is dip my feet into the sea, then enjoy a nice espresso."



Citalia's **Brand Ambassador Gennaro Contaldo** was born and raised on the sun-drenched Amalfi Coast. Join him as he shares some of his favourite food hotspots from one of Italy's best-loved and most picturesque regions.

My Amalfi Coast

Walk from Ravello to Minori and pass through fragrant lemon groves to see ancient stone walls and tiny chapels, as well as the impressive church of St Cosima & Damiano, which was built under a cave.

Of course, take time to stop along the way to admire the sea views. Together with the peace, tranquillity, and the sweet-smelling aroma of lemons, you could easily be in paradise. ►

Sun, sea and sumptuous cuisine

From Minori it's just a short ride to Amalfi. Stop to admire the church in the main square before indulging in a lemon *granita* and a delicious pastry from Andrea Pansa, a traditional *pasticceria* established back in the 1800s.

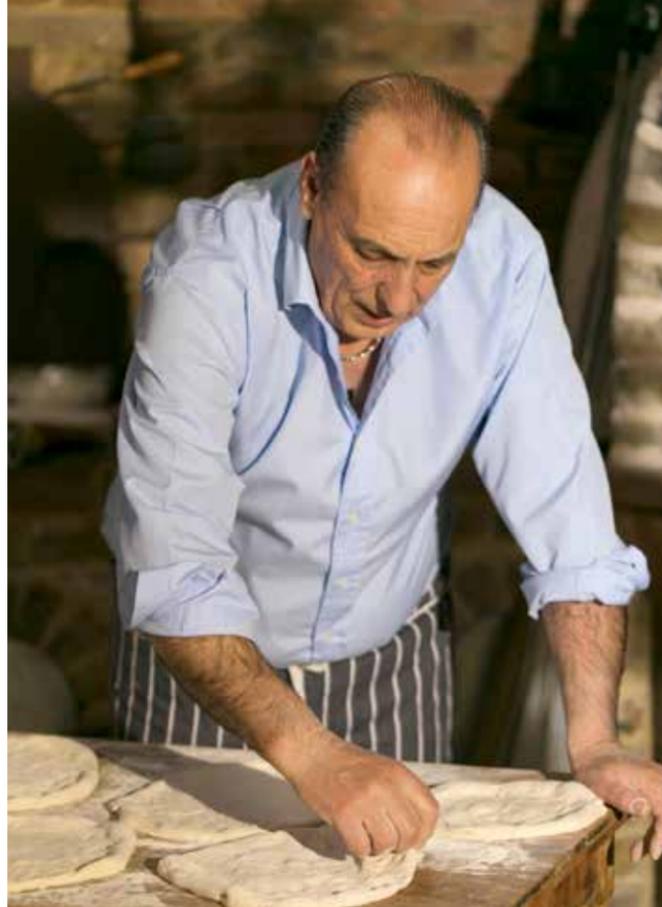
Further along the coast by boat, you'll find Positano – a maze of quaint narrow alleyways, bougainvillea-clad houses, and fashionable boutiques and cafés. Enjoy a peaceful afternoon exploring the winding backstreets, or sit back with a drink and a bite to eat, and watch the world go by from one of the many excellent restaurants.

Visit the limoncello factory, Il Gusto della Costa, in nearby Praiano, for a guaranteed warm welcome and the opportunity to sample the zesty liqueur and sweet locally-grown orange jam.

Along the main road between Positano and Praiano, you'll come across La Taverna del Leone – renowned for its breath-taking sea views.

This restaurant is frequented mainly by locals, so authenticity is guaranteed, and you can indulge in platefuls of local antipasti, freshly made pasta, fish and seafood, or handmade pizza. It'll be unlike anything you could ever find at home.

Just above Positano in Montepertuso, is the lovely Donna Rosa restaurant; perfect for fresh seafood-filled pasta dishes.



GENNARO CONTALDO *Citalia Brand Ambassador*

"If you're in Minori, enjoy a leisurely *aperitivo* at De Riso. I recommend sitting outside and watching the world go by before heading off to Giardiniello Restaurant. Over the years it has expanded, but still remains the same friendly family-run establishment, renowned for serving good home cooking. Expect fish and pasta dishes and ricotta dumplings."



Feasts, festivals and fun

During the summer months, the Amalfi region comes alive with a variety of feasts, festivals and celebrations. Local *sagre* (food festivals), such as the Sfogliatella Santa Rosa festival in the village of Conca dei Marini, and the 'blue fish festival' in Cetara - which pays homage to the local tuna and anchovy - are a fantastic way to experience the culture. Sample some well-loved dishes and enjoy traditional live music.

During September, Minori hosts its own three-day festival, where the whole community gathers together to celebrate all things food, drink and entertainment. Local performers put on shows – everything from music and plays to poetry recitals – and of course there's more delicious food to try. Don't miss *scialatielli con frutti di mare*, *totani* and *patate* - mozzarella wrapped in lemon leaves, filled anchovies, lemon-based desserts and handmade pasta. **7**

A Food Lover's Guide to Italy's Amalfi Coast: (Page 30) Sample the taste of Italy. (Page 31) The stunning Amalfi Coast. (Page 32 clockwise from top) Pizzamaking with Gennaro Contaldo. Authentic Italian pizza. Lemon groves of the Amalfi Coast. Sea Bream. Stunning coastline of Minori.



● Want to experience the magic of the Amalfi Coast for yourself?

You can on a Citalia 8-day small group escorted tour of Sorrento and Amalfi Coast from £1,475 per person. Speak to our Italy Experts on 01293 765094 or visit citalia.com.

The Taste Trip

For a taste of adventure, Hayes & Jarvis and Italian specialist Citalia have created the perfect travel menu to try at home.

Featuring three complementary dishes from enchanting destinations, use these recipes to inspire your own culinary adventure to Italy, India or Peru.

PHOTOGRAPHY & STYLING BY CLAIRE & BECKY, DESIGNERS

Drink

Why not try a couple of our suggestions to accompany your meal?

German Riesling: The sweetness, floral notes and crisp acidity are well matched with Indian cuisine, creating a sensory experience on the palate. Why not try this with the Bengali katti kebabs?

Rosé: A full-bodied and fruity Rosé from Spain or South America should accompany the Pisco Sour Lime and coconut tart perfectly.

Starter

We begin our travels in Italy with Zuppa di Cipolle e Pancetta

This is the finest onion, tomato and pancetta soup you'll ever taste. Straightforward and easy to make, it'll keep refrigerated for 48 hours and is suitable for freezing.

Prep: 10 mins • Cook: 1 hour • Serves: 4

Ingredients

4 tbsp. extra virgin olive oil
250g diced pancetta
700g white onions, peeled and finely sliced
1.5 litres chicken stock, made with stock cubes

1 x 400g tin chopped tomatoes
Salt and black pepper for seasoning
4 tbsp. fresh parmesan shavings
6 fresh basil leaves

To serve

Crusty bread

Method

Place a large saucepan over a medium heat, pour in the oil and fry the pancetta for three minutes. Stir constantly with a wooden spoon. Add the onions and combine everything together. Lower the heat and cook for 20 minutes, stirring occasionally.

When the onions turn a golden colour, pour in the stock and add the tomatoes. Bring to the boil, then lower the heat. Half-cover the pan and simmer for a further 40 minutes, stirring occasionally. About five minutes before the cooking time is up, check the

consistency of the soup and add a little more water if it's too thick.

Taste and if needed, season with salt and pepper (the pancetta may already have added enough saltiness). Add Parmesan and basil before serving with crusty bread. ▶



Serving Suggestion

Main

Next, we travel to India for Bengali katti kebabs

Prepare to travel with your taste buds to the former capital of British India, Kolkata. This street food classic was born out of the bustling, spice-infused markets of India's second largest city.

Prep: 1 hour • Cook: 20 mins • Serves: 4

Ingredients

Chicken marinade	To cook the chicken
500g diced chicken breast	1 tsp. chopped garlic
200g Greek yogurt	1 tsp. chopped green chili (according to taste)
1 tsp. ginger powder	75g sliced onion
2 tbsp. Tandoori masala spice mix	40g chopped coriander
1 tbsp. garam masala	2 tsp. Kashmiri red chili powder
1 tsp. salt	2 tbsp. mustard oil
	To serve
	Paratha bread

Method

Start by marinating the chicken in the listed ingredients. Then, cover with cling film and refrigerate for an hour. Bring back to room temperature before cooking.

Heat mustard oil in a wok or similar until smoking hot. Add chopped garlic and a little green chili and sauté. Once the garlic is gently browned, add the chicken pieces, shaking off the marinade before. Brown the chicken for 4-5 minutes and simmer. Next, add Kashmiri red chili powder, sliced onion and green chillies, then the remaining marinade. Toss in coriander leaves and mix gently without breaking the chicken pieces. When cooked, set aside.

Lay the paratha bread flat. Spread evenly with mayonnaise, coriander chutney, or whichever condiment you prefer. Add the chicken mix, plus your assorted garnish (try cucumber, onion, finely sliced red cabbage, chopped coriander leaves and green chillies). Squeeze a little lime juice on top before serving on the paratha. ►

Serving Suggestion

Dessert

Complete your journey in Peru with... Pisco Sour Lime and Coconut Tart

Immerse yourself in one of the world's finest food cities, where clifftop bistros and Michelin-starred restaurants abound: Lima. Inspired by the signature cocktail of Peru, the Pisco Sour, this sassy citrus and coconut tart is the perfect way to complete your meal.

Prep: 20 mins • Cook: 1 hour • Serves: 4 - 6

Ingredients

4 eggs	240ml milk
150g sugar	150g desiccated coconut
75g self-raising flour	Pinch of salt
60g soft butter	Coconut or citrus flavoured ice cream
1 tsp. grated lime peel	Lime wedge to garnish
1 tbsp. lime juice	
1 tbsp. Pisco	

Method

Preheat the oven to 170°C (350°F). Combine all ingredients in a food processor (except the ice cream and lime wedge). Blend until smooth. Pour the mixture into a pie dish lined with grease-proof paper. Bake for 1 hour. Serve warm, with either citrus or coconut flavoured ice cream and lime. **7**

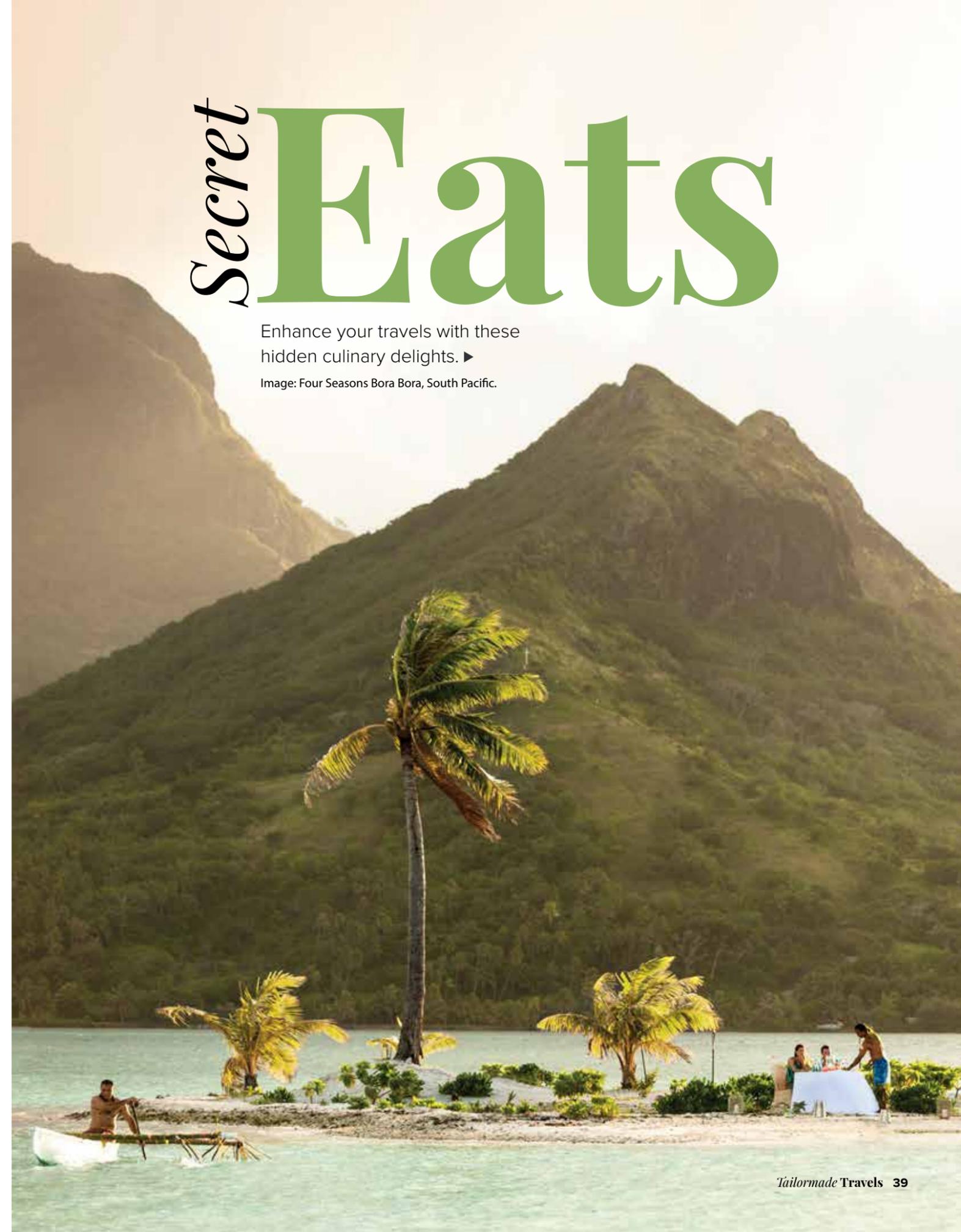


Serving Suggestion

Secret Eats

Enhance your travels with these hidden culinary delights. ▶

Image: Four Seasons Bora Bora, South Pacific.





Find your secret eats: (Clockwise from top left) Goldstand dining at Jumeirah Vitavelli. Meet the locals in the Bahamas. Take a cultural journey on the Belmond Hiram Bingham luxury train to Machu Picchu. Dine in a secret grotto at the Samabe Bali Suites & Villas.

A meal to remember

Four Seasons Bora Bora - South Pacific

Your experience begins with an expertly guided canoe amid the rainforest-fringed islets of Bora Bora, transporting you in castaway style to an idyllic strip of slender white sand and picture-postcard palm trees. Here, you and your travel partner will enjoy a romantic dinner for two as the sun sets over the lush slopes of Mount Otemanu. Exclusive and tailored to your precise requirements, this secret rendezvous will live in your hearts forever.

People to People Experience The Bahamas

An authentic slice of island life

This new initiative on behalf of the Bahamas Tourist Board is the perfect way to gain further insight into this special group of islands. Guided by your expert host (or Bahamian ambassador), experience the Bahamas from a local, cultural and culinary perspective. Welcomed into the community and private homes, you'll form a deeper connection to the heritage of the islands, enhancing your stay while also increasing your culinary knowledge.

Cable car dinner for two

Stardust Cabin - Singapore

Singapore is one of the world's most diverse and activity-rich stopover cities. To add a microadventure to your itinerary, dine high in the sky in your very own Stardust Cabin, savouring a four-course meal with the lights of Singapore adding a dazzling backdrop to this enchanting setting. Board your cabin at Mount Faber and glide gently across to Sentosa, Singapore's entertainment island escape.

Gold standard dining

Swarna Restaurant Jumeirah Vitavelli - The Maldives

A stunning hotel needs a standout signature dish. At the Swarna Restaurant amid the turquoise waters of Jumeirah Vitavelli Maldives, experience a dazzling new menu: Gold at Swarna. Inspired by the Sanskrit translation of the same name, you'll enjoy a taste of luxury with delicacies infused with gold, including rare Iranian caviar, rose-gold coated lamb and gold dessert truffle laced with dark chocolate.

A culinary journey of discovery

Belmond Hiram Bingham luxury train to Machu Picchu

Enjoy a gourmet meal and embark upon the golden age of train travel with the Andes as a backdrop. Wind through the Sacred Valley and glide effortlessly between courses, enjoying specialities such as Peruvian beef and Cloud Forest coffee en route to Machu Picchu. Relax within an art deco inspired setting and sample authentic dishes as this culinary experience turns an exceptional journey into a truly divine experience.

Secret grotto

Dining in a cave - Bali

Experience a magical setting in the heart of Bali at Samabe Bali Suites & Villas. Dine within the sheltered confines of a secluded cave blessed with white sands and adorned with twinkling lanterns and candles. Nestled within the laidback resort of Nusa Dua, this romantic hideaway offers mouth-watering seafood dishes for an unforgettable experience. For barefoot bliss, this is the perfect dreamy beach escape to celebrate your love.

Hotel Il San Pietro

Positano

The Hotel Il San Pietro, tucked away on a high cliff overlooking Positano and the sparkling Mediterranean, oozes Italian charm. The Michelin-starred Zass Restaurant gives this sumptuous hotel its culinary edge. Complemented by a stunning terraced kitchen garden, whose organic produce adds authenticity to their world-class gastronomy, use this as your breath-taking setting to celebrate a romantic occasion. **7**

Ready to embark on your own culinary adventure?

To escape to Italy speak to a Citalia Italy Expert on 01293 765094 or visit citalia.com.

For our other Secret Eat locations, talk to a Hayes & Jarvis Destination Specialist on 01293 762439 or visit hayesandjarvis.co.uk.

An afternoon stroll

Yala National Park, Sri Lanka

We were on safari in Yala National Park when an elephant emerged from the foliage and began to stroll down the road in front of us. We were lucky enough to follow along behind her for about 70 metres before she headed into an opening just to the side of us. Then, we got the chance to see her enjoying a mud bath, clearly having the time of her life! It was a truly amazing experience and something I will never forget.

PHOTOGRAPH & WORDS BY KATIE, BRAND MANAGER



Made in Mauritius

Attitude Hotels



Inspired by tropical island beauty and the community that surrounds them, Attitude Hotels, preferred supplier of Hayes & Jarvis, provide authentic Mauritian holidays. The moment you arrive at an Attitude Hotel, dedicated Family Members are on hand to provide luxury experiences that make you feel like an islander.

They call it 'Otentik'

This distinctive style is present in everything Mauritians do, from the chic decor and mouth-watering cuisine to the Creole-inspired spa treatments and cultural activities.

There is always an opportunity to relax and unwind in sea-facing suites with furnished balconies, or with a cocktail by the pool. But, island themes always surround you, whether that's epitomised by Creole riddles stencilled onto walls, or the colourful coconut fibre rugs that lie underfoot. An Attitude Hotel is in harmony with its surroundings.

Go explore

The idea is simple: you are encouraged to venture off the beaten track and explore Mauritius beyond the resort. To do so, Attitude Hotels have developed a new Geolocation Tool: a digital smartphone guide (that you can pick up from your concierge) which chaperones you as you explore the island's natural and cultural heritage.

Green Attitude

Attitude Hotels are also conscious of preserving the natural resources of Mauritius. Not only are they committed to reducing and recycling waste, they also created the Green Attitude Foundation to support the ecological, economic and social development of Mauritius.

You can see this in action every week at their Otentik Bazaar, a market created to promote local craftspeople, and to encourage green tourism. At the bazaar, souvenirs are made from recycled materials. Profits from the sale of these handicrafts go direct to the craftspeople.

Island life

As well as enjoying the delicious food on offer, guests can attend cookery classes to discover the herbs, spices and techniques used in Mauritian cooking. They can dine with a Family Member in their home and enjoy a cultural exchange over a typical Mauritian meal. These experiences are priceless mementos of your stay in paradise.

Join the party

As the sun sets, burning torches and beach barbeques spring up across the sands, sega music begins and everybody dances to the beat of the ravanne drum. Even here, Family Members will be happy to teach you how to play this iconic instrument. It's a simple act of unity that draws you further into the fabric of their culture; a party where everyone is welcome to live life like an islander.



Authentic Mauritian experiences: (Clockwise from left) Reception at Friday Attitude. Relax on the beach at Ravenala Attitude. Decor at Coin de Mire Attitude. Cookery classes at Attitude Hotels.



Attitude hotels:

- Contemporary hotels with Mauritian character
- Otentik' cultural experiences
- Perfect for families or couples
- Green Attitude Foundation

● For more inspiration for your authentic escape at Attitude Hotels, speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.



5 of the world's most luxurious train journeys

Travel writer Paul Theroux once wrote, *"If a train is large and comfortable, you don't even need a destination."*

Mysterious, intriguing, romantic - train travel can be so much more than a way of getting from A to B.

1 The Belmond Andean Explorer, Cusco to Lake Titicaca, Peru

To travel is to seek new adventures, and this adventure begins high in the Andes Mountains, on the Belmond Andean Explorer. Not only is this South America's first ever luxury sleeper train, it's also one of the highest in the world.

As you board the train in the Inca capital of Cusco, you'll be greeted by impeccably dressed staff, handed a glass of Champagne and treated to a performance of Huayno music. On board, the décor is light, bright and elegantly minimalist, accented by touches of Peruvian colour and character. Served in the dining car, meals are prepared by world-class chef Diego Muñoz, who prides himself on using locally

sourced ingredients to create an innovative menu of authentic South American cuisine. Carrying no more than 48 passengers, the carriages have a distinctly intimate feel. The bars and lounge areas offer excellent opportunities for conversation. Following the Huantay River, the overnight journey takes 21 hours.

2 The Eastern & Oriental Express, Singapore to Bangkok

The Eastern & Oriental Express combines the majesty and splendour of luxury train travel with all the mystery and excitement of the Orient. A delicate balance of western comforts and eastern intrigue, the carriage interiors are masterpieces in themselves. With cherry, rosewood and elm panelling and hand-sewn fabrics, the suites and lounge areas

create a vision of sophistication. Be sure to spend a little time in The Bar Car. There's an impressive selection of cocktails, as well as nightly performances from a resident pianist. All you have to do is sit back and admire the view.

3 Rovos Rail, Pretoria to Victoria Falls, South Africa

Celebrating 30 years of luxury travel, Rovos Rail's itineraries aren't just about the destinations. Epitomising the spirit of a bygone era, every second spent on board is a moment to be savoured. Rovos Rail really allows its guests to admire the magnificent Southern African landscapes in luxurious comfort, so you can take time to sit back and watch the world go by. Each day begins with breakfast in the dining car, where the Victorian décor will have you feeling as though you've travelled

back in time. Appetite satisfied, make your way to the observation car at the rear of the train to relax with fellow passengers. Admire the passing landscapes on journeys lasting between three and 15 days, as you witness the majestic Victoria Falls, trundle across the plains of Namibia, or experience the beauty of Kruger National Park.

The dinner dress code is elegant and formal, and the start of each meal is heralded by the striking of a gong. The menu features locally sourced ingredients with game as a speciality and selected South African wine pairings to accompany every course. Set foot in one of the Royal Suites and you'll discover a spacious and beautifully decorated interior – each one fills half a carriage – complete with its own private lounge area and bathroom.

explore some of Europe's most romantic cities, before returning to the art deco-inspired luxury carriage. Once inside the cabins, it's the little details and personal touches that make each journey extra special. From colourful mosaic tiles in the bathrooms to delicately patterned upholstery, and of course, impeccable personal service available 24 hours a day, this is train travel at its most sumptuous and luxurious.

5 Rocky Mountaineer, Vancouver to Calgary

The Rocky Mountaineer is, without doubt, one of the most breath-taking railway journeys in the world. On board this world-class locomotive, train travel isn't just about getting from A to B – it's an ever-changing window to the spectacular, creating an experience you'll never forget. Covering seven mountain ranges, the Rocky Mountaineer serves four separate routes, each one offering unique insights into Canada and its fascinating wildlife. Follow the historic Canadian Pacific Railway Line, travelling from Vancouver, Banff, or Lake Louise. Here you'll witness the legendary Spiral Tunnels (built in 1909), Fraser and Thompson Canyons and the Kicking Horse Path, or immerse yourself in some of British Columbia's most extreme landscapes on the Rainforest to Gold Rush route.



Images: (from left clockwise) Explore South East Asia onboard the Eastern&OrientalExpress. Detailed interiors on the BelmondAndeanExplorer. Experience the finest service on the Venice Simplon-Orient Express.



4 Venice Simplon-Orient-Express, London to Venice or Verona

The Venice Simplon-Orient-Express is the most sophisticated way of travelling across Europe. With two routes to choose from London - Verona - Venice or Venice - Verona - Paris - London, this is a bespoke rail journey of the highest order, offering the finest décor, cuisine and service as standard. This classic cross-country journey allows you to

● **For an Italian rail adventure** speak to a Citalia Italy Expert on 01293 765094 or visit citalia.com.

To experience any of our other rail journeys speak to a Hayes & Jarvis Destination Specialist on 01293 762439 or visit hayesandjarvis.co.uk.

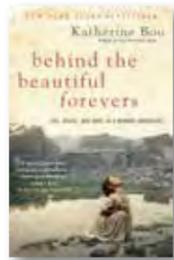
Novel Destinations

Explore the world, one book at a time

India

One of the world's most diverse and captivating countries, India is a place quite unlike any other. Whether it's your first visit or the latest of many, our selection of captivating travel reads will be sure to inspire your next trip.

Behind the Beautiful Forevers



Author:
Katherine Boo

Genres:
Non-fiction / Cultural / Historical

Set in a single Mumbai 'undercity,' this compelling non-fiction work explores the nuances and prevailing spirit of one of India's most remarkable places. A profoundly honest portrayal of life in a modern-day slum, Boo's depiction is intimate, compassionate and palpably real.

The God of Small Things



Author:
Arundhati Roy

Genres:
Fiction / Cultural / Historical

Winner of the 1997 Man Booker Prize, Roy's novel tells the story of twins Rahel and Estha, whose worlds are changed forever by the political turmoil of 1960s Kerala. Beautifully written and filled with colourful descriptions, *The God of Small Things* paints a vivid picture of life in an Indian city.

A Passage to India



Author:
E.M. Forster

Genres:
Fiction / Cultural / Historical

Set during the British Raj and the Indian independence movement, this 1924 novel is a timeless portrayal of humanity, friendship, and the divisions between the East and the West. Despite being published more than 90 years ago, Forster's work conveys an understanding of human relationships that is still powerfully relevant today.

Around India in 80 Trains



Author:
Monisha Rajesh

Genres:
Biography / Travel / Cultural

A tale of freedom, heritage and rediscovery, this Jules Verne-esque biography takes the reader on a 40,000km expedition across India's railway network, as one woman explores what it means to belong. If Indian train travel isn't already on your bucket list, it will be after you finish this book.

Eat, Pray, Love



Author:
Elizabeth Gilbert

Genres:
Non-fiction / Memoir / Travel

Part travel diary, part journey of self-discovery, Elizabeth Gilbert's best-selling memoir doesn't take itself too seriously, and that's very much where its charm lies. Romance, delicious cuisine and beautiful landscapes... it's got everything you could want from a holiday read.

Following Fish



Author:
Samanth Subramanian

Genres:
Non-fiction / Cultural / Travel

From game fishing in Goa to Mumbai's khanawal cuisine, *Following Fish* charts a journey along the coast of India in nine separate essays. Elegant, lyrical and full of flavourful descriptions, this is a book that will make you want to travel. And eat.

Planet B

No better world than the world we have.



**Our planet is changing.
So are we.**

By transforming our travel habits, we can help preserve the destinations we visit.

What is sustainable travel?

According to the World Tourism Organization, sustainable travel *"takes full account of its current and future economic, social and environmental impacts, addressing the needs of visitors, the industry, the environment and host communities."*

While we'll always have desire to travel, we can still minimise and offset our impact on the places and people we visit.

In control of our own future

Our footprints affect the magical destinations that we visit economically, environmentally and sociologically. If we care enough to travel halfway across the world to see the wonders of our planet, then we can also do our bit to preserve them. ▶



Sustainable travel is easier than you think.

Travel is one of the fastest growing industries in the world. In 1950, there was an estimated 25 million international visitors embarking on their adventures across the globe. Today, this figure has increased to 1.4 billion. With so many of us setting off on worldwide journeys, sustainability is becoming more and more important.

Planet B (Clockwise from below): Immerse yourself in the surroundings of Siam Reap. Experience first-hand the sustainability practices in British Columbia. Learn more about the wildlife of the Great Barrier Reef. Sample the local produce of the Troodos Mountains. Take in the views in Newfoundland, Canada.

Our luxury sustainable resorts

Fogo Island Inn, Newfoundland, Canada

Since its creation, Fogo Island Inn has adopted a strong philosophy of responsible, energy efficient and ecological design. The Newfoundland hotel has an accredited environmental strategy, investing in all things local while maintaining the highest environmental laws and standards. You can try out a range of activities, from sea fishing with locals and taking nature walks to learning insights about the flora and fauna.

The Chilko Experience, British Columbia, Canada

This family-owned wilderness resort amid the spectacular scenery of the Chilcotin Region is 100% committed to minimising its environmental impact with solar panels, freshwater wells, biodegradable soaps and shampoos, recycling strategies, plus a commitment to organic and locally sourced produce. The resort's aim is to provide luxury which doesn't cost the earth.

Casale Panayiotis, Troodos Mountains, Cyprus

Casa Panayiotis was set up by a local entrepreneur to revitalise the ancient spa village of Kalopanayiotis in the Troodos Mountains. Now, the Casale Panayiotis Traditional Village Hotel & Spa, which features 41 guest rooms and includes cafes, bars and restaurants, has inspired significant investment in the community, restoring homes to their former glory and encouraging the creation of other complementary businesses in the area.

Constance Resorts & Hotels, Indian Ocean

Committed to delivering exceptional service while adopting the best environmental practises, the hotel's strategy includes biodiversity conservation, cultural heritage and community development. Constance Resorts & Hotels has overseen the installation of sensors, regulators and other water-saving devices, plus the development of seawater desalination processes.

Clayoquot Wilderness Resort, British Columbia, Canada

With a long history of sustainability, Clayoquot Wilderness Resort has recently launched its Coastal Ambassador Program. In association with Clayoquot Clean Up, they tackle potentially dangerous marine debris that's been washed ashore. This includes the breeding grounds of whales, sea otters, porpoises, seals and a variety of birdlife.

Lady Elliot Island Eco Resort, Queensland Australia

The Lady Elliot Island Eco Resort is perched in the protected Green Zone of the Great Barrier Reef. The waters surrounding the hotel are home to 1,200 species of marine life, including manta rays and turtles. This stunning eco-resort fully realises that the future of the Great Barrier Reef and its tourism industry are inseparable. In a bold yet admirable statement, they have set themselves the target of being 100% sustainable by 2020.

Secrets Papagayo Costa Rica, Guanacaste, Costa Rica

Adhering to the Greenleaf initiative conducted by the Costa Rican Tourist Board, Secrets Papagayo Costa Rica has been awarded a Certificate of Sustainable Tourism level three award. Represented by the green leaves symbol, the number of leaves represents achievements in physical-biological parameters, service management, and socio-economic development.



7 tips to sustainable travel

- 1 Buy from local shops and markets to spread the wealth
- 2 Take nothing but photographs and leave nothing but footsteps
- 3 Use local transport – it's cheaper and more cultural
- 4 There is no off season – investigate shoulder seasons
- 5 Pack light and use re-usable items such as water bottles
- 6 Take local cooking classes, craft classes or tours
- 7 Inspire others with tales of how you travelled sustainably

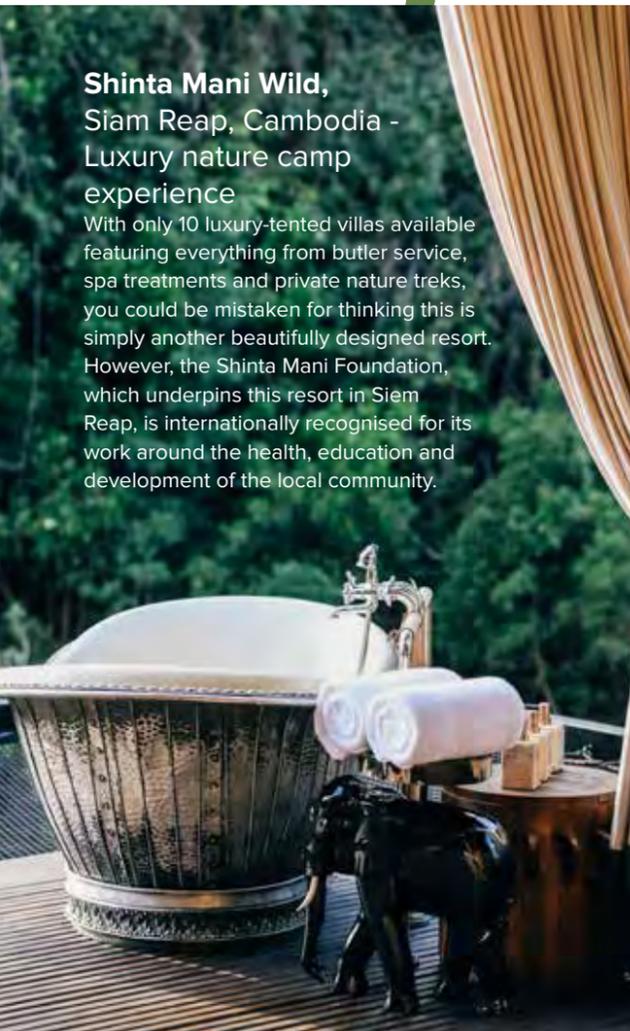
Want to leave your own sustainable footprint?

Call to speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk. Or to find out more about our Cyprus recommendation speak to a Sovereign Travel Adviser on 01293 765010 or visit sovereign.com



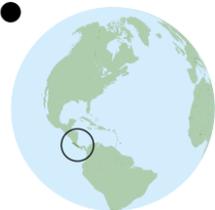
Shinta Mani Wild, Siam Reap, Cambodia - Luxury nature camp experience

With only 10 luxury-tented villas available featuring everything from butler service, spa treatments and private nature treks, you could be mistaken for thinking this is simply another beautifully designed resort. However, the Shinta Mani Foundation, which underpins this resort in Siem Reap, is internationally recognised for its work around the health, education and development of the local community.



It's easy being green:

9 reasons why **Costa Rica** is one of the most sustainable countries in the world



When it comes to environmental conservation and sustainability, Costa Rica is a genuine success story, having gone to extraordinary lengths to protect its landscapes over the last 10 years. At Hayes & Jarvis, we've put together our favourite facts about one of the world's most sustainable destinations.

1 Despite covering only 0.03% of the world's surface – less than North America's Lake Michigan - Costa Rica is home to 5% of the world's biodiversity, which is more than Europe and the USA combined.

2 Approximately 25% of all land in Costa Rica is covered by national parks, wildlife reserves and protected environments. Wildlife is almost everywhere you look, and much of it is indigenous. The terrain is made up of forests, beaches, cloud forests, wetlands, river systems, volcanoes and plains.

3 Costa Rica boasts more than 121 volcanic formations - six of which are still active. The most active, Arenal, erupted on an almost daily basis between 1968 and 2010 and is surrounded by dense rainforest and rugged foothills.

4 Under the Environmental Protection index scoring system for 2019, Costa Rica currently ranks 3rd in the world behind Iceland and Switzerland, and aims to become a totally carbon-neutral environment by 2021.

5 The country uses 99.2% renewable, 78% hydroelectric and 18% geothermal energy.

6 Costa Rica has no military, having abolished it in 1948 after the Civil War. Because of this, it has one of the highest budgets dedicated to education and sustainability programmes.

7 In 2015, the Costa Rican Tourism Board developed the Certification for Sustainable Tourism (CST) to measure the sustainability of businesses, and help promote social, educational and environmental best practice.

8 As part of the CST, Costa Rica runs a Green Leaf programme which grades hotels and tour operators on their sustainability credentials. Five leaves is the gold standard - many organisations have achieved this, and plenty of others are working towards it.

Eco hotels, Cano Negro and Savegre Lodge, offer guests comfort and sustainability in breath-taking natural surroundings. Part of the CST Green Leaf programme, both lodges are committed to supporting and maintaining the country's sustainable tourism and wildlife conservation efforts.

9 In 2017, the country broke its own record by running solely on renewable energy for 300 days.

● **Want to know more about our Costa Rica itineraries**, then speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.

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Experts in Australia, New Zealand & South Pacific

There's nothing like *Australia*



Austravel's Matt Doidge is an Aussie Specialist Ambassador who's passionate about the world Down Under. Here's why...

I first travelled to Australia when I was 19, touring in a car I named Bruce (a 1995 Ford Falcon with zero air conditioning and a DIY fridge wedged between the seats). I drove 6,000 memorable miles across some of the most inspiring scenery in Victoria. Now that I've recently been made Aussie Specialist Ambassador on behalf of Tourism Australia, allow me to suggest a trip inspired by my own epic journey through Victoria and Tasmania. It begins in my favourite city in the world.



Melbourne *Independent state of mind*

Day 1 - 3: If your trip coincides with the Melbourne Food and Wine festival in March, then you're in luck. You'll find street food vendors from across the globe, plus the state's finest wines. For a glimpse of the Aussie lifestyle, stroll along the South Bank area of the Yarra River. Or, even better, take a Hidden Secrets Walking Tour through charming lanes and arcades. I'd also highly recommend a meal aboard the Colonial Tramcar Restaurant, as it passes through Melbourne's vibrant districts.

The Great Ocean Road *Humpbacks and hairpins*

Day 4: From Melbourne, I'd hire a car and drive the Great Ocean Road, visiting Bell's Beach (a big surf community where Rip Curl and Quicksilver first made waves). Memorial Arch is the starting point of the Great Ocean Road and one of many iconic spots for pictures. Pack your binoculars. At certain times (July – October) humpback whales can be observed from these sublime viewpoints.

Grampians National Park *Koalas and rock art*

Day 5: What I truly loved about driving onto Halls Gap and Grampians National Park were the wildlife encounters. I saw lots of kangaroos, though koalas are trickier to spot (one koala bear can have a territory of up to 60 trees). Also, it's worth noting that 86% of Victoria's indigenous rock art can be found in the Grampians. I genuinely hope it leaves you as awestruck as it did me. I imagined that thousands of years ago, ancient people occupied the same spot that I did. I could almost hear their voices.

Tasmania *Flights of fantasy*

Day 6 - 9: Fly onto Hobart to experience the stunning landscapes and laidback charms of Tasmania, filled with wilderness adventures and jet-boat excursions. Shop for locally made souvenirs in Salamanca Market, take morning tea on Maria Island and visit the Bonorong Wildlife Sanctuary to learn about Tassie devils, blue-tongued lizards and bettongs. Also in Hobart is MONA (the Museum of Old and New Art) filled with the most mind-boggling artistic creations I've ever seen. It's a fascinating experience. If you're pushed for time, then take a scenic flight along the East Coast Tasmania route. Soar high over Coles Bay, Wineglass Bay and Freycinet National Park, before heading over to Maria Island to meet wombats amid eucalyptus forests. There's incredible birdlife here and also one of Australia's most intact convict probation stations. A must for nature-lovers and history-buffs.

Adelaide *For the connoisseur in you*

Day 10 - 11: Adelaide is one classy city that is always near the top of 'Best Places to Live' lists. They're very much into food and wine festivals and culinary pop-up events. Plus, vegetarians and vegans will think they've landed in paradise. If you're touring with little ones, then spend time in Glenelg's long sandy beach, amusement arcades and waterparks.

"Adelaide is one classy city that is always near the top of 'Best Places to Live' lists."

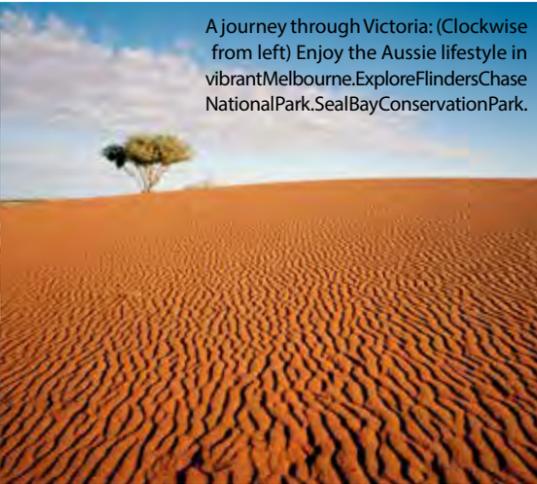
A Master Class tour of Jacobs Creek in the Barossa Valley, near Adelaide, is a wine connoisseur's dream come true. And if you love the high art of gastronomy, then you absolutely must visit d'Arenberg Cube for its museum, wine sensory room and utterly superb restaurant. I saw a Salvador Dali exhibition here, combined with a wine tasting experience overlooking the vineyards.

Kangaroo Island *A short hop to breathtaking*

Day 12 - 13: Your next stop is Kangaroo Island, just off the mainland. Spend two days or more with an organised tour and you won't miss a thing, from Admiral's Arch to the striking natural architecture of the Remarkable Rocks (over 500 million years in the making). Stay at Southern Ocean Lodge for the purest definition of the word breathtaking. From here, explore Flinders Chase National Park and Seal Bay Conservation Park.

Get on board! *Express yourself*

Day 14: Enhance your Aussie adventure by climbing aboard the Indian Pacific Train from Adelaide to Perth or Adelaide to Sydney. You'll see even more of Australia with zero travel fatigue. Plus, you can stop off on microadventure tours along the way. Or, to experience the true vastness of Australia, take the Ghan Train from Adelaide to Alice Springs and from there drive out to see Uluru. I couldn't think of a more spectacular way to end your tour Down Under.



A journey through Victoria: (Clockwise from left) Enjoy the Aussie lifestyle in vibrant Melbourne. Explore Flinders Chase National Park. Seal Bay Conservation Park.



Ready to follow in the footsteps of our Aussie Ambassador?

You can on our 15 day self-drive from Melbourne to Adelaide, from £4,249 per person. Make your journey part of the adventure when you choose Avis. Pick up a car and explore the scenic beauty of Victoria, South Australia and Tasmania at your own pace.

● **For more information** speak to one of our Travel Designers on 0808 278 2299 or visit austravel.com.



Embark on an incredible Australian adventure

Experience the magic of Australia on this 16-day escorted tour. In Sydney, immerse yourself in the buzz of urban life at the harbour, visit the Opera House, and catch some rays at Bondi Beach. Next, visit Hamilton Island – the very definition of paradise. Here, you can enjoy a spot of snorkelling or hire a golf buggy to explore more of the coral-studded coastlines. After taking in the sights of Port Douglas and Cairns, you'll move on to Uluru. Our insider's tip is to visit at sunset; the ever changing colours and vast landscape make for a truly unforgettable moment. Finish your tour in Melbourne with a trip to the city's famous cricket ground, or take a boat trip along the Yarra River for incredible views of the skyline.

- **APT Treasures of Australia escorted tour -**
Guide price of £6,949 per person.

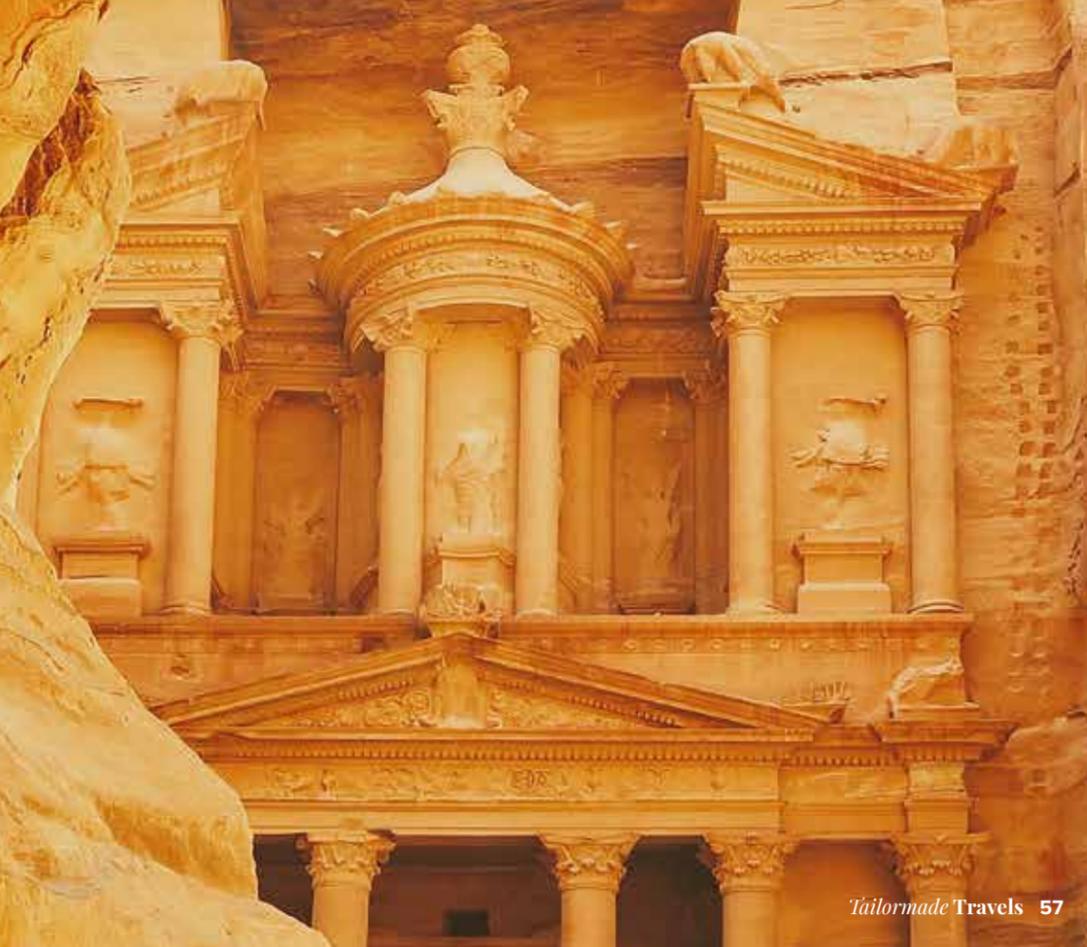


For more inspiration, or to start planning your Australian adventure, call to speak to one of our Travel Designers on 0808 278 2299 or visit austtravel.com.

TIME TRAVELLER

Hit fast forward by planning your winter sun escape. Think quieter beaches, hidden delights and unique experiences.

13. EXPLORE THE COOLER DESERT VISTAS OF JORDAN
in NOVEMBER ►





1. EXPERIENCE BEAR-WATCHING IN CANADA
between SEPTEMBER - NOVEMBER



8. ENJOY JAPAN'S NATIONAL PARKS
between OCTOBER - NOVEMBER

1. Canada
British Columbia

September - November

Combine cosmopolitan Vancouver with your passion for wildlife and the great outdoors. Stay at the Knight Inlet Lodge, which is right in the heart of grizzly bear country.

2. South Africa
Cape Town

December

Enjoy an exotic Christmas in style, witness the Adderley Street illuminations, shop at the Cape Gift Market and soak up the sunshine on Clifton Beach.

3. Brazil
Rio de Janeiro

December

Sample the carnival atmosphere during the festive season, including New Year's Eve Rio Reveillon celebrations on Copacabana Beach in South America's samba capital.

4. Italy
Verona

December

The City of Love offers romantic and festive shopping encounters at Christmas markets, interspersed with sightseeing at Verona's galleries and museums, plus exploring of Romanesque and Gothic architecture.

5. South Pacific
Polynesia and Fiji

October

Often seen as the 'shoulder season' October provides ideal beach weather without the crowds, offering low humidity, lower rainfall and savings on accommodation and flights.

6. Cambodia

October

The dry season is in full effect; perfect for avoiding occasional showers, relaxing on beaches and exploring cities and ancient temples, including Angkor Wat.

7. India
Goa

October - December

Head to Goa as the rainy season departs and leaves temperatures around 32°C, as street stalls allow you to undertake a delicious journey of Indian cuisine.

8. Japan

October - November

Discover autumn and cruise Lake Ashinoko for blue sky images of Mount Fuji. Further north, Hokkaido's Daisetsuzan National Park offers enchanting landscapes as red-crowned cranes rise from misty lakes.

9. South America
Chile

November

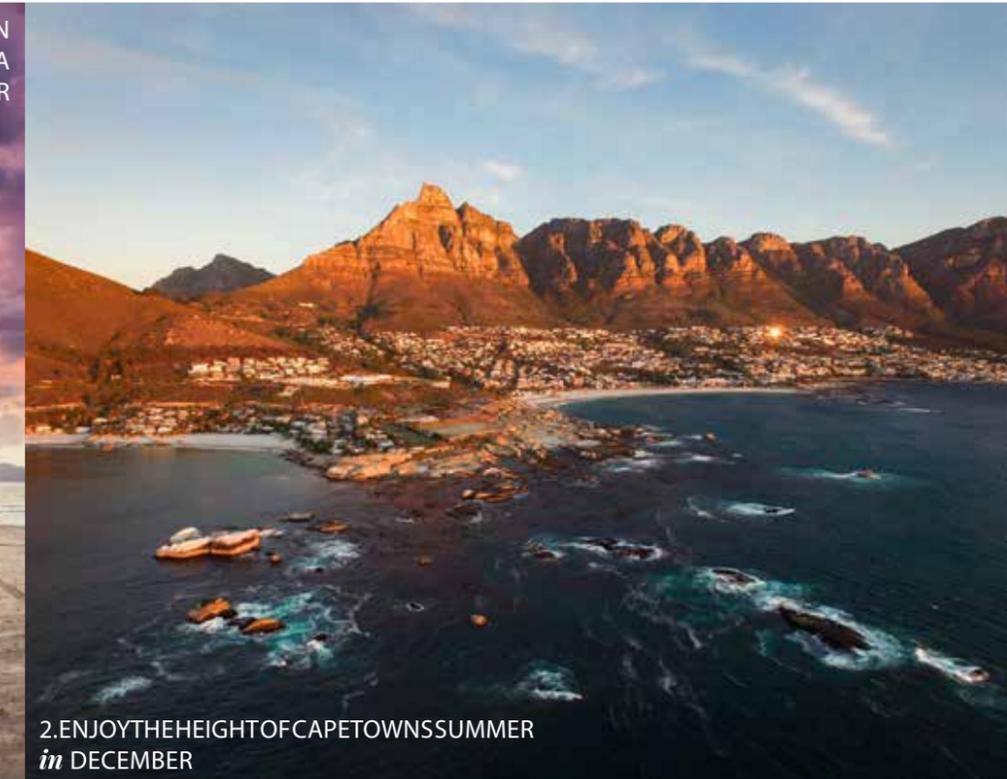
In November, Chilean temperatures hover between 25-30 degrees, making this the perfect time to explore the great outdoors of Torres del Paine National Park and Tierra del Fuego. Use Valparaiso as your base to explore its multi-coloured cliff-top districts. ►



5. RELAX IN BORA BORA
in OCTOBER



7. CHASE AWAY GREY SKIES ON
THE BEACHES OF GOA
between OCTOBER-DECEMBER



2. ENJOY THE HEIGHT OF CAPE TOWN'S SUMMER
in DECEMBER



12. SPOTTING WILDLIFE IS AT IT'S PEAK IN ZIMBABWE
in OCTOBER

10. Italy
Venice

November

Experience fewer crowds in November, particularly if you visit mid-week, for a more authentic city break.

11. Cyprus

September - October

With approximately 340 days of sunshine every year, the island of Cyprus offers great beach weather. Even during mid-winter, temperatures can be in the late teens.

12. Zimbabwe

October

October is peak time for game viewing with the dry season coming to an end. Head to Mana Pools National Park on a canoe safari to spot elephants. Victoria Falls is more accessible due to low water levels, especially the breathtaking Devil's Pool.

13. Middle East
Jordan

November

With the coolest temperatures in the Middle East during November, Wadi Rum offers enchanting desert vistas without the intense heat. Take a cardigan or sweater for the evenings, as temperatures drop amid the high cliffs and cathedrals of Petra.

14. Australia
East Coast

October - November

For sunny weather without the scorching heat and school holiday crowds, head to the east coast, which stretches from Cape Tribulation in the north, to Sydney in the south. October and November are also the best times for diving and snorkelling in the Great Barrier Reef.

15. New Zealand

November - March

In Kaikoura, one of New Zealand's leading eco-tourism destinations, you can take a cruise to see orcas in the wild. Afterwards, head to Marlborough for some of the finest wineries in the country.

16. Italy
Sicily

October

Avoid the crowds and enjoy Sicily's fabulous climate in October, when the sea is still warm. Sicily is one of the best places for an autumn break in Europe.

17. Canary Islands

December

Simply pick your island from this sun-kissed Spanish archipelgo, and you'll be on the beach in no time. Just a few hours' flight from the UK yet close to Africa, the Canary Islands have temperatures in the 20s in December. **7**



10. FEWER CROWDS IN VENICE
in NOVEMBER

● **For more inspiration and advice on where to go and when...**

...in Italy, speak to a Citalia Italy Expert on 01293 762140 or visit citalia.com.

...in Australia and New Zealand, speak to an Austravel Travel Designer on 0808 278 2299 or visit austravel.com.

...in Cyprus and the Canary Islands, speak to a Sovereign Trusted Adviser on 01293 765010 or visit sovereign.com.

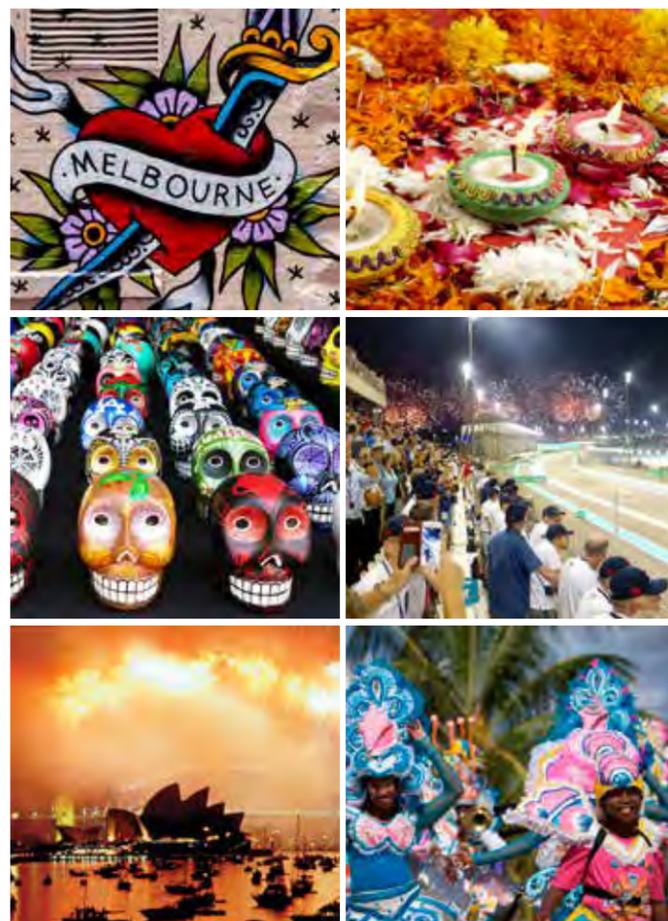
For all other destinations, speak to a Hayes & Jarvis Destination Specialist on 01293 762439 or visit hayesandjarvis.co.uk.



11. CYPRUS OFFERS GREAT BEACH WEATHER
between SEPTEMBER - OCTOBER



16. EXPLORE THE STREETS OF TAORMINA, SICILY
in OCTOBER



The Main Event

Introducing our favourite festivals and celebrations from around the globe. Put these dates into your travel calendar.

Images:(clockwisefromtoptleft)MelbourneInternationalArtsFestival.Diwali.AbuDhabi GrandPrix.JunkanooParade.NewYearsEveinSydney.DayoftheDeadcelebrations.

OCTOBER

Eat your way through Italy or experience street art in Australia – October is an exceptional time to travel the world.

Eurochocolate!

Perugia Italy, 18 - 27 October

What: The most delicious festival in Italy.

Why: This festival is dedicated to the excellence of chocolate. Enjoy tasting tours, events shows and choc-laboratories amid historic piazzas, while experiencing Umbria's gorgeous October weather.

Prepare to witness: Eight days of confectionary expertise turned into a high art form.

The Melbourne International Arts Festival

Australia – Melbourne, October

What: Australia's cultural capital gets even more creative.

Why: For three weeks, Melbourne goes into innovation overdrive, offering multimedia arts including dance, theatre, music and circus.

Prepare to witness: A citywide transformation that hosts extraordinary artists of every genre, including strikingly designed art trams.

National Day - Hong Kong and China

Far East, 1 October

What: The celebration of the founding of the People's Republic of China.

Why: To celebrate a day of festivity dating back to the early 3rd century AD, Hong Kong puts on parades, acrobatic shows, plus food events and cultural festivities.

Prepare to witness: Victoria Harbour's incredible firework and laser show.

Diwali

India, 27 October

What: Your opportunity to see India awash with light.

Why: Diwali is the festival that celebrates the triumph of light over darkness and is often associated with wealth and happiness.

Prepare to witness: Fireworks, firecrackers, houses lit with candles and spiralling rangolis decorating pavements.

NOVEMBER

From masquerades in Mexico to lights illuminating the skies above Thailand, November is a bright time to see the world.

Bon Om Touk (Water Festival)

Cambodia - Phnom Penh, November

What: This festival celebrates the reversal of the waters of Tonlé Sap Lake and features boat races and free concerts.

Why: This is an immersive festival without the crowds. Plus, it's also the beginning of the dry season, so you can combine your visit with exploring the natural surroundings and visiting temples.

Prepare to witness: Dancing, feasting, and a regatta of nearly 400 racing longboats.

Day of the Dead celebrations

Central America – Mexico City, November

What: One of the most unique festivals in Central America.

Why: Día de Muertos is a must-see for those who travel to experience different cultures.

Prepare to witness: Colourfully decorated streets and grand ofrendas (altars honouring the dead).

Yi Peng and Loy Krathong Festival

Thailand – Chiang Mai, 14 - 16 November

What: One of the most photographed festivals.

Why: Visit Chiang Mai and experience two world-famous festivals, as candle baskets (krathong) float across rivers and lakes and (Yi Peng) lanterns rise into the air.

Prepare to witness: Thousands of globes floating off into the night sky.

Abu Dhabi Grand Prix

United Arab Emirates – Abu Dhabi, November/December

What: A twilight race on beautiful Yas Marina.

Why: Stay in a luxury hotel, visit the vast Grand Mosque and ride the rollercoasters in Ferrari World. Then, enjoy the biggest names in motorsport battle it out on the track.

Prepare to witness: Lewis Hamilton vying for his sixth world title.

DECEMBER

Cold and grey in the UK, colourful and sunny in tropical climes. From Australia to the Bahamas, there's more than one way to celebrate the festive season.

New Year celebrations in Sydney

Australia, December

What: The pinnacle of the festive season Down Under.

Why: Join the sociable crowds at hundreds of spectacular beach spots to watch fireworks illuminate Sydney Harbour.

Prepare to witness: One of the most awesome pyrotechnic displays in the world.

National Street Food festival

India - Delhi, December

What: Your chance to experience authentic Indian cooking.

Why: Immerse yourself in culture in one of the finest culinary experiences in Indian culture when you sample street food in bustling Delhi.

Prepare to witness: Your favourite dishes being made in front of you, including golgappa, kachori, samosas, dosa, jalebis and papdi chaat.

Junkanoo Parade

The Bahamas - Nassau, December

What: An explosion of local culture filled with passion, joy and soul.

Why: Discover the heritage of these islands in a weeklong celebration of all things Bahamian, including floats, costumes and vibrant parades.

Prepare to witness: Masked revellers dressed in colourful Ashanta costumes and masks.

Christmas Day

Rio de Janeiro, Brazil

What: Swap a white Christmas for a white sand beach.

Why: Discover Christmas celebrations in true samba style. Tuck into panettone and rabanadas cinnamon toast, party until the small hours and then, on Christmas Day, unwind on a quiet Copacabana Beach.

Prepare to witness: Your turkey dinner served close to midnight on Christmas Eve.

● Ready to see the world in all its rich diversity?

For more inspiration, speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk, citalia.com, austravel.com or sovereign.com.



The bustling streets of Hanoi Vietnam

Hanoi is mesmerising; as are its famously busy streets. On a walk around the city, soak up the frenetic atmosphere and buzz of scooters and bicycles. When the time comes to cross, do as the locals do: walk at a confident, constant pace and the traffic will filter around you. Once safely on the other side, use your camera to capture a slice of the city's irrepressible energy.

PHOTOGRAPH & WORDS BY CLAIRE, DESIGNER

Luxury, Romantic and truly Venetian

Situated on the banks of the Grand Canal, Ca' Sagredo is one of Venice's most luxurious hotels. A historic 15th century palace and museum, its romantic accommodations offer stunning views of the Grand Canal, the rooftops, courtyard and nearby Campo Santa Sofia. The hotel's frescoed ballrooms are opulent and sophisticated, perfect for events. There's even a dedicated landing space for those arriving by private water taxi, while the trendy rooftop terrace is the ideal place to enjoy a cocktail at sunset. For dinner, the stunning L'Alcova Restaurant is a scenic choice for panoramic views across the Grand Canal.

● You can experience this amazing hotel for yourself
7 nights from £1,569 per person



Image: Enjoy canal views from the restaurant.

For more inspiration speak to a Citalia Italy Expert on 01293 765094 or visit citalia.com.



Brilliant Bazaars:

the Hayes & Jarvis guide to the best markets in Thailand ►



When it comes to markets, Thailand boasts just about every sort you could wish for: floating markets, flower markets, food markets, night markets and everything in between.

Here's the Hayes & Jarvis guide to some of the best bazaars out there.



JJ Green, Bangkok

Best for: bohemian vibes and vintage finds

Part vintage flea market, part local hangout spot, Bangkok's JJ Green is one of the city's coolest places to shop. The atmosphere is much more laidback than that of some other night markets you'll come across, so it's perfect for people watching as well as for shopping. After you've finished browsing the rows of vintage clothing, antiques and retro collectables, stop for a drink to experience some authentic Bangkok nightlife. There's a great rooftop bar where you can sit back and enjoy a cocktail or two in the evening breeze.



Talat Warorot, Chiang Mai

Best for: a tangible insight into the real Chiang Mai

Talat Warorot is Chiang Mai's oldest public market. Inside the many covered walkways, you'll find everything from souvenirs to sticky rice, so it's easy to spend an hour or two – or even an afternoon – browsing the stalls. Whether you choose to watch the locals haggle or try bartering for yourself, this Thai treasure trove is a real feast for the senses. It's right by Ping River, next to Chiang Mai's main flower market, Talat Ton Lam Yai. When you start to catch the delicate scent of rose and jasmine, you'll know you're in the right place.



Khlong Lat Mayom, Bangkok

Best for: experiencing a floating market the authentic way

If you're looking to visit a floating market, Bangkok is the place to be. The most popular, Damnoen Saduak, was featured in the 1974 James Bond film, *The Man with the Golden Gun*. It's great for food and photo opportunities, but it's also incredibly busy - often with more tourists than locals. For a similar, but decidedly more authentic experience, why not try Talin Chan or Khlong Lat Mayom? Much smaller than Damnoen Saduak, both of these are also less crowded, and frequented mainly by Bangkok residents, so you're likely to be one of the only tourists around.



Chang Chui Plane Market, Bangkok

Best for: something a little bit different

As the name suggests, this Bangkok night market has one very unique attraction: its own aeroplane. Alongside this interesting design feature, Chang Chui boasts an impressive array of stalls, shops, bars and dining options, as well as some intriguing contemporary art pieces. There are two performance spaces where acoustic and jazz artists play throughout the night, and the area is animal-friendly, so locals often come along with children and pets. Grab a beer or a fresh fruit smoothie and soak up the relaxed atmosphere.



Rod Fai Train Market, Bangkok

Best for: antiques, collectibles and hidden gems

This sprawling open-air bazaar sells almost anything you can imagine, but its best feature is the wide variety of antiques and rare or lesser-known items. Whether you're in the market for a genuine 1950s Cadillac, a French chandelier, or something as simple as a bite to eat, you'll find it here. The name 'train market' comes from its original site next to the railway line behind the city's Chatuchak Market – another of Bangkok's largest and busiest bazaars. Rod Fai changed location in 2013 when the city's BTS Skytrain line expanded, but now it's bigger and better than ever.



● To find out more about Thailand or to start planning your Far Eastern adventure, speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.

A flying start

Etihad: the national airline of the United Arab Emirates and title sponsor of the F1 Abu Dhabi Grand Prix.

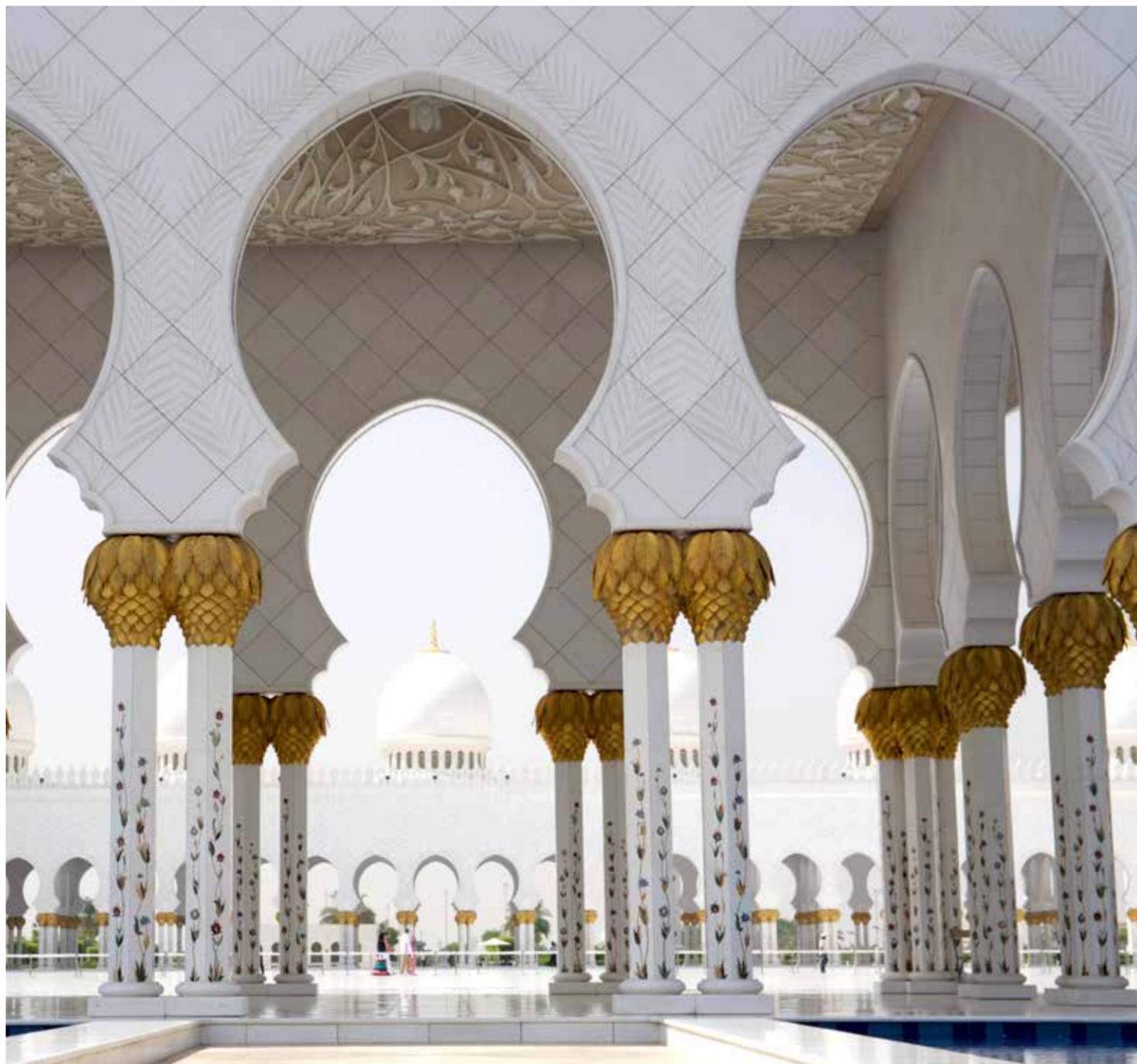
Etihad is a global leader in passenger airlines. No matter where or how you fly, they have carefully considered options to improve your journey, both on the ground and in the air. Whether you're planning to watch the F1 Abu Dhabi Grand Prix on Yas Marina Circuit or setting off on an exotic adventure in the Far East or Australasia, their personalised service offers exceptional levels of comfort on every flight.

Operating a wide range of non-stop flights to more than 90 destinations worldwide, including Abu Dhabi, Sydney, Manila, Bangkok and the Seychelles, Etihad will help you focus on the details that make holidays unforgettable. With Etihad, you'll benefit from a modern fleet, an award-winning cabin crew, plus state-of-the-art in-flight entertainment.

Stay connected thousands of feet in the air with Etihad's mobile and internet service. Take advantage of E-BOX, your personal entertainment hub which allows you access to hundreds of hours of box sets, music libraries, live news and sports, plus all the latest movies. You can also download the E-BOX app, so you'll also be able to enjoy films and music streamed directly to your phone or tablet.

No matter what your budget, a warm welcome awaits you. Access tranquil airport lounges worldwide (Economy to pay a small fee) and treat yourself to healthy food and drinks, as well as Wi-Fi access and shower facilities. On board your flight, upgrade to the roomy comfort of Economy Space, allowing you to stretch your legs even further. Prior to your departure, bid for neighbour-free economy seats for increased privacy. Alternatively, opt for business class for Middle East-inspired cuisine, lie flat seats with direct aisle access to sleep soundly with full size duvets and pillows.

However you travel, get off to a flying start with Etihad.



Explore Abu Dhabi with Etihad: (Clockwise) Masjid al-haram Grand Mosque. Etihad A380 in-flight. Watch the Grand Prix on Yas Marina Circuit.



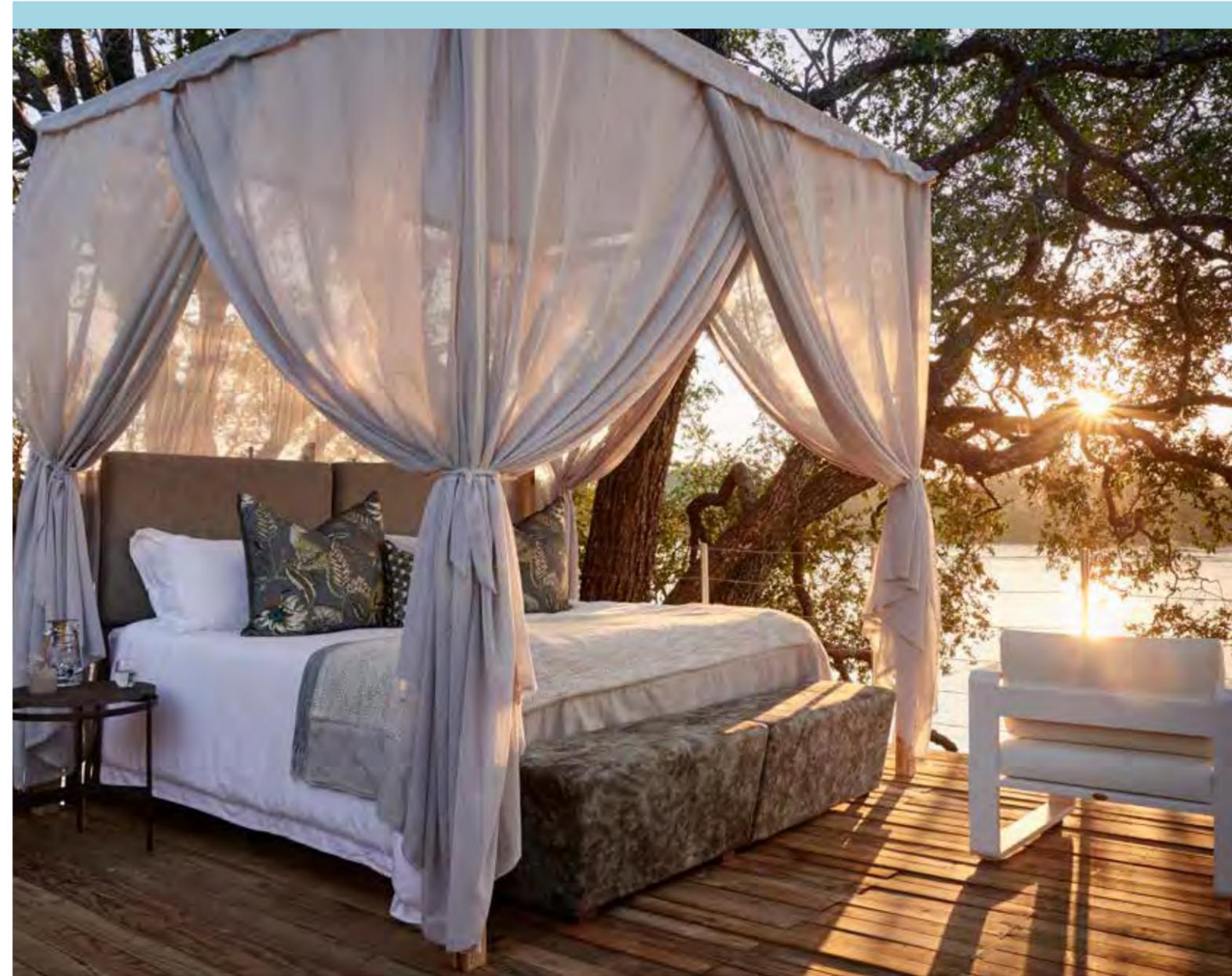
● We suggest combining 4 nights in Abu Dhabi, including an F1 Abu Dhabi Grand Prix race package, with 7 nights in the Seychelles. Prices start from £3,999 per person.

Speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk for more inspiration.

الإتجاه
ETIHAD
AIRWAYS

A room with a view

Victoria Falls River Lodge – Zimbabwe



A Timeless Experience

Sun Resorts welcome you to a world of breathtaking scenery, gourmet dining, stylish décor, plus exceptional service in havens of relaxation and activity in Mauritius. With a series of experiences crafted to inspire magical memories, embark on a timeless journey of unrivalled luxury and tropical splendour at Long Beach in Belle Mare and Sugar Beach in Flic en Flac, embark on a timeless journey of unrivalled luxury and tropical splendour. Paddle across azure lagoons on sunset kayak trips, delve into cookery classes, explore bustling local markets, enjoy the friendly service of beach butlers or dine with only your loved one and the stars for company. For spectacular holidays and memories that last a lifetime, choose Sun Resorts.

Image: Sugar Beach Resort & Spa, Mauritius.

SUN RESORTS

For more inspiration speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.

Immerse yourself in the wildlife and landscapes of Zimbabwe at Victoria Falls River Lodge. From your luxury tented suite, experience serene moments watching the spray rise from Mosi-Oa-Tunya (translating as the smoke that thunders), Victoria Falls. Your private plunge pool is positioned perfectly for tranquility. From your position on the banks of the Zambezi River, watch in awe as elephants and hippos swim just a stone's throw away. In classic safari style, sip sundowners while insects whisper their melodies of nature around you. From five-star island treehouses to luxury family tents featuring breathtaking views, use Victoria Falls River Lodge as your base for a spectacular adventure in Africa.

To enquire about staying here, call our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.

ULTIMATE *Italy*

From the lakes and mountains of the north to the spellbinding coastlines of the south, it's time to discover Italy. For an incredible journey of discovery, embark on an authentic Italian odyssey.



● **Why not experience this trip of a lifetime yourself?**
24 night Ultimate Italy tour from £7,559 per person.

Includes: 1 night onboard the Venice Simplon-Orient-Express, 2 nights in Venice, 3 nights in Lake Garda, 1 night in Verona, 4 nights in Florence, 3 nights in Rome, 4 nights in Sorrento, 2 nights in Palermo and 4 nights in Taormina.

Speak to one of our Italian Experts on 01293 765094 or visit citalia.com to find out more.

Verona

Steeped in culture, the City of Love was once the epicentre for artists in the Renaissance era. Observe the paintings and sculptures in the Museo di Castelvecchio. Shop for elegant attire on Via Mazzini. Then, make your way to Piazza Bra, the city's main square. Here, against the backdrop of the Arena di Verona, Verona's impressive Roman amphitheatre, treat yourself to a night at the opera.

Florence

In Florence, prepare to be captivated by the Duomo, the magnificent cathedral of worldwide acclaim. Fulfil a lifetime's ambition at the Accademia Gallery as you gaze in appreciation of Michelangelo's David. A day trip to Siena will also enchant you. Nestled amid emerald green hills, its narrow cobbled streets and medieval architecture, including the Cathedral and the Piccolomini library, will have you believing you've stepped back in time to the Renaissance era.

Rome

From the moment you arrive in the Eternal City, you'll understand why it attracts seven million visitors a year. With such world famous sights to experience, from the Colosseum, to St. Peter's Basilica and the Trevi Fountain, your camera will be on constant stand-by. Sip cappuccino in pavement cafes, gaze in wonder at the Sistine Chapel, people watch in Piazza Navona, and dine amid the flower stalls of Campo de` Fiori.

The Bay of Naples

On the Neapolitan Riviera, discover the true meaning of La Dolce Vita. Stroll through picturesque Sorrento, in a region awash with UNESCO World Heritage sites. Relax on the beaches of the Amalfi Coast, and marvel at Mount Vesuvius. Soon, the ruins of Pompeii and Herculaneum will tempt you with their intriguing stories. However, take your time. Live life like a local and unwind among the cafés of Ravello, Positano and the island of Capri.

Sicily

As you settle into the Mediterranean rhythm of life, now travel to Palermo, the capital of Sicily. Wander through its bustling marketplaces, Vucceria and Ballarò, and sample heavenly cannoli filled with ricotta and candied fruit along the pedestrian-friendly Corso Umberto. Take note of Teatro Massimo opera house, used in the climax scene of Godfather III, then escape to the marine vistas of Taormina to witness Mount Etna, or embark on a scenic boat tour of neighbouring islands, Panarea and Stromboli. Transfixed, allow Stromboli's lava flow, Sciara del Fuoco, to be a fitting end to your epic journey.

The Venice Simplon-Orient-Express

Begin your inspiring journey in London, welcomed on board the Belmond British Pullman at London Victoria. Once across the channel, transfer to its sister train, the historic Venice Simplon-Orient-Express. At every stage of your Pan-European crossing, immerse yourself in this icon of art deco design, experiencing the romance of rail journeys on board the world's foremost luxury locomotive.

Venice

When you arrive in Venice, gaze from your cabin window across the Ponte Della Libertà causeway at breathtaking views of the city. Take a peaceful water taxi to arrive at your Venetian hotel. Once you're refreshed, the city is yours to explore, from the Byzantine architecture of St Mark's Basilica to Casanova's place of captivity, the Doge's Palace. While restaurants tempt you with their classic Italian cuisine, you can look forward to exploring further with our Venice and the Islands excursion to Murano, Burano and Torcello.

Lake Garda

Wave goodbye to the iconic landmarks of Venice. Board the train at Venice Santa Lucia Station and be mesmerised by the passing scenery as you wind your way to majestic Lake Garda. Surrounded by dramatic peaks, elegant towns and fairy tale castles, wander the valley while admiring the architecture, sculpted gardens and peaceful walkways of this sophisticated summer destination.



Ultimate Italy: (Clockwise from top) Picturesque Florence. Take in the views over Sicily. Sample the local delights in a traditional Italian coffee shop. View the architecture of Rome. Experience the exquisite Venice Simplon-Orient-Express; Grand Suite cabin pictured.





Hey, Bear!

Alaskan Highlights tour, Denali National Park, Alaska

“On a good day, you can see up to 40 of these magnificent creatures; females with cubs, adolescents and even large males.

This young male wandered up to our group through the long sedge grass. As he walked slowly towards us, one of the tour guides shouted: ‘Hey bear, hey bear!’ just to let him know we were there. The bear stopped and looked at us with his beautiful brown eyes. All you could hear was the sound of camera shutters clicking in the soft rain. He was just as curious about us as we were him. It was an encounter I’ll never forget.”

PHOTOGRAPH & WORDS BY HUGO, 360 / VR DIGITAL CONTENT

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- Holidays tailored to suit you
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Image: Domes Noruz, Crete.

To start planning your luxury holiday with one of our Trusted Advisers, call 01293 765010 or visit [sovereign.com](https://www.sovereign.com)

A world of wellness awaits...

Relax, rejuvenate and revive your senses at these luxurious wellbeing retreats.

Mezzatorre Hotel & Thermal Spa, Ischia, Italy

Mezzatorre combines picturesque surroundings with a sense of refinement that's simply unsurpassed. Situated between Lacco Ameno and Forio in the north-west of Ischia, this five-star hotel boasts a luxurious wellness spa housed within a 16th century watchtower. Guests can choose from a variety of therapies and treatments, each one performed using the island's restorative thermal waters.

To find out how to book your place in the spa call 01293 765094 or visit [citalia.com](https://www.citalia.com). ▶



The Pavilions Bali, Indonesia

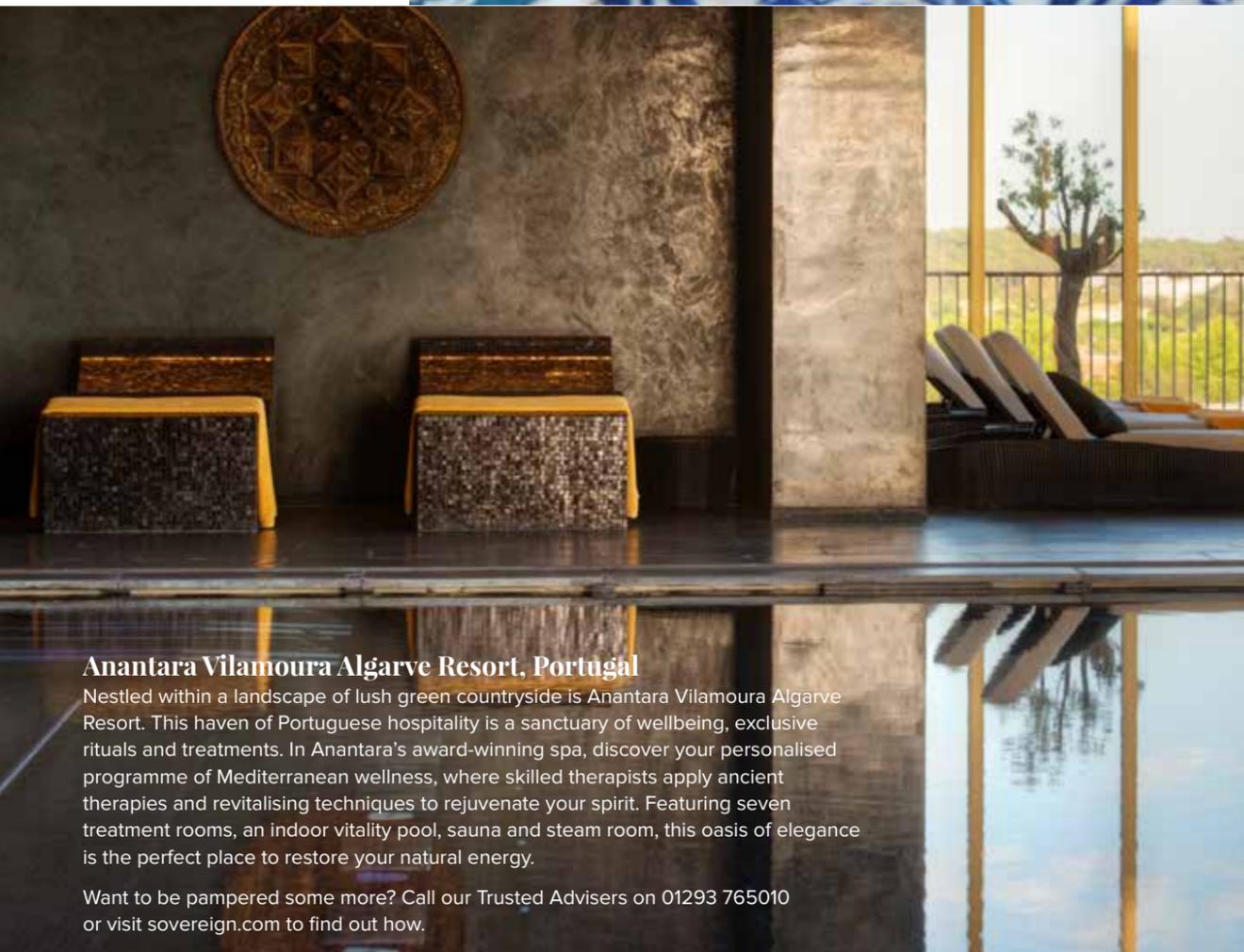
Immerse yourself in nature, relax in the sanctuary of your own private villa and let yourself be pampered to your heart's content. At The Pavilions Bali, you can do all this and more. Intimate yet spacious, the 25 villas feature original Balinese artwork and private butler service, as well as the option to enjoy in-villa breakfast each morning. Set within tranquil garden surroundings, the resort's wellness spa is an oasis of calm. Offering a range of treatments and therapies designed to soothe mind, body and soul, it's the perfect place to unwind.

Call our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk to find out more about this Balinese escape.

Atmosphere Kanifushi, Maldives

One of only a handful of resorts situated in the Maldivian Laviyani Atoll, Atmosphere Kanifushi is a tranquil paradise. Whether you're on your honeymoon or simply enjoying a secluded beach holiday, there are plenty of opportunities to sit back and indulge. The Akiri Spa by Mandara is a haven of tranquillity set within beautiful landscaped gardens, with stunning views of the island's eastern coast. The spa menu features an extensive range of health and beauty treatments, including Ayurveda therapy, traditional Thai massage and facials designed to revive, restore and soothe.

Ready to escape? Speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk to find out how you can take yourself to paradise. ►



Anantara Vilamoura Algarve Resort, Portugal

Nestled within a landscape of lush green countryside is Anantara Vilamoura Algarve Resort. This haven of Portuguese hospitality is a sanctuary of wellbeing, exclusive rituals and treatments. In Anantara's award-winning spa, discover your personalised programme of Mediterranean wellness, where skilled therapists apply ancient therapies and revitalising techniques to rejuvenate your spirit. Featuring seven treatment rooms, an indoor vitality pool, sauna and steam room, this oasis of elegance is the perfect place to restore your natural energy.

Want to be pampered some more? Call our Trusted Advisers on 01293 765010 or visit sovereign.com to find out how.





Reethi Hotels, Maldives

Situated on the secluded Maldivian island of Filaidhoo, Reethi Faru is a world away from the everyday, surrounded by crystal clear waters, pristine white sands and tropical landscapes. Nestled within a coconut grove on the west side of the island, the hotel's Coconut Spa is the perfect place to take some time out for yourself. Indulge in an afternoon of pampering and treat yourself to a traditional warm stone massage, an exfoliating body scrub or take advantage of the Jacuzzi, sauna and steam room facilities. When it comes to exercise, Reethi's 'country club in paradise' sports complex is just the place to fine-tune your workout regime.

For further information on booking your massage, call our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.



Palácio Estoril, Portugal

Situated in the heart of Estoril, just a 20-minute drive from Lisbon, Palácio Estoril is one of Portugal's most luxurious hotels. Built in 1930, the resort has been carefully renovated to combine old-fashioned grandeur with modern facilities and comforts. A real sanctuary for the senses, the award-winning Banyan Tree Spa takes a holistic approach to wellbeing, emphasising the importance of emotional and spiritual wellness as well as physical. Using century-old Asian techniques, signature treatments and the finest quality organic ingredients, each and every therapy is tailored to suit your individual needs.

Call our Trusted Advisers on 01293 765010 or take a look at sovereign.com to find out how to book this sanctuary escape.

Amangani, USA

Experience the magnificent natural splendour of the Rocky Mountains when you stay at the Amangani Hotel, Jackson Hole. With four treatment rooms, two fully-equipped exercise studios and 'his and hers' steam rooms, the wellness spa is the ideal place to unwind after a day spent hiking or exploring the surrounding landscapes. If you're feeling sore from a morning on the slopes, treat yourself to a deep tissue massage or a Himalayan salt scrub - the ultimate restorative therapy.

Ask our Destination Specialists for more information on this American retreat on 01293 762439 or visit hayesandjarvis.co.uk.



State of wellbeing

Experience emotional and physical wellness from the moment you book your holiday.



Behind every memorable holiday, there's a welcoming culture underpinning the experience. At Domes Resorts, that culture is built upon exceptional accommodation, ambient design, and premium facilities nestled within striking landscapes. When all your needs are met and then surpassed, life becomes effortless and tranquil.

Woven into the fabric of each Domes Resort in Greece is a holistic approach to health and wellbeing. Discover state-of-the-art facilities, highly personalised treatments and restaurants offering healthy culinary choices. Wellness is everywhere, particularly amid the sculpted gardens whose aromatic blooms team with crystal blue sea vistas.

The luxury spa facilities at Domes Resorts combine ancient wisdom with modern practices. The intricately blended aromatics and plant-based botanicals of luxury British skincare brand ELEMIS® infuse the air with tranquility and are complemented by couple's massage treatments and rejuvenating BIOTEC facials.

At the serene, adults only Domes Miramare in Corfu, practice yoga at sunrise in the centuries-old

olive grove. Then, awaken your senses with an olive oil tasting experience that brings together restorative daily exercise with the healthy Greek lifestyle.

Inspiring nature trails surround Domes Noruz Chania in Crete. Here, you'll find the concierge is on hand to provide tips on invigorating pathways and provide you with an iPod filled with uplifting music to elevate your mood.

Power juices and superfood, plus a full range of healthy Mediterranean and vegan options, are served at breakfast. Furthermore, all guest suites contain weights and medicine balls.

The family-friendly resort, Domes of Elounda in Crete, offers 'parent and me treatments' at its Soma Spa. The treatment area is a temple of seclusion with its sumptuous black and gold-tiled interior, transforming family holidays into expertly crafted moments of quality time.

Domes Resorts are havens of wellbeing. The experience begins the moment you book your holiday and continues long after you return home.

● **Ready to find wellness and rejuvenation in one of the three Domes Resorts in Greece?**

For more blissful inspiration, speak to one of our Trusted Advisers on 01293 765010 or visit sovereign.com.

48 hours in...

Experience the best two days of your life
with our pull-out guides. ▶



Explore the plains of Kenya:
(Clockwise) Arrive at Samburu
National Reserve by light aircraft.
Elephants stride through the
Elephant Bedroom Camp. Spot the
Big Five on a game drive.



48 hours on...

...safari in Kenya

There are two distinct sides to
safari in Kenya. In 48 hours, you
can discover them both...

Tailormade
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FAST FACTS

Time zone: GMT +3 hours

Flight time: 8 hours direct London Heathrow to Nairobi

Best time to go: Wildlife viewing is good year-round. The best months are during the dry season, June to October.

Currency: Kenyan shilling

Languages: Swahili and English

National dish: Kenyan stew

National drink: Dowa (If you like cocktails, you'll love this vodka, lime and honey mix).

DID YOU KNOW...

While parts of Kenya feature the desert landscapes that we associate with safaris, other parts are as green and pleasant as a summer's day in the UK.



Day One

09:00 Spy your game from the air

Arrive into Nairobi and transfer to Wilson Airport (the coffee is excellent here). From here, it is an hour-long (and stunning) light aircraft flight into Samburu National Reserve. Embark on your first game drive immediately and arrange to have breakfast en route to your lodge. Your guide will have everything you request in cool boxes waiting for you.

11:00 Stay at a lodge where the wild things go

Game drives cannot always guarantee incredible animal encounters. So, stay at a lodge like the Elephant Bedroom Camp, aptly named because elephants stride right through the camp.

15:00 Meet the locals – they know all about the wildlife

Meet the locals on a cultural tour. They'll greet you with 'Jambo!' (Swahili for hello) and you'll gain further insight into the animals who roam there.

16:00 Take a (guided) walk

Accompanied by experts, you will learn so much more on walking tours, about the local plant life as well as the other smaller creatures and insects that are just as important to the ecosystem.

19:30 Relax and do nothing

Take time out to be part of your environment. Watch as crocs and hippos glide across the river, sip sundowners under the stars and listen to the ever-present call of the wild.



Stay at the elegant Giraffe Manor: (Clockwise from top) Spotzebra in Nairobi National Park. Relax in one of the luxurious suites at Giraffe Manor. Giraffes roam the terraces of Giraffe Manor. Take a tour of the elephant rescue and rehabilitation orphanage.



Day Two

09:00 Combine two different regions into one safari

Stay at Giraffe Manor, an elegant hotel that is home to a graceful herd of Rothschild's giraffe; a contrasting yet no less memorable experience from the elephant lodge before.

11:00 Wildlife exists in the most unlikely places

Experience Nairobi National Park to see buffalo, giraffe, lion, leopard and baboon, plus 400 bird species all within sight of the city's skyscrapers.

14:00 Visit an inspiring conservation programme

Tour the Sheldrick Elephant Orphanage, a few minutes' drive from Giraffe Manor. This inspiring Wildlife Trust is one of the most life-affirming orphan elephant rehabilitation programs in the world.

17:00 You won't need binoculars everywhere you go

Take High Tea on the terrace of Giraffe Manor with warthogs scuffling harmlessly around you. Retreat to your suite, but don't be surprised if a giraffe bids you goodnight through your balcony window.



CLIVE
Content Editor

"The Mombasa coastline is too beautiful to miss. Spend a few days walking barefoot on the white sands of Malindi. The waters are crystal clear for snorkelling and dolphins visit these shores."

FAST FACTS

What is it: The world's largest excavation site (150 acres)

Visitors per year: 2.6 million

Getting there: Take the Circumvesuviana train that runs Sorrento - Naples twice an hour

Best time to go: Between November and April when numbers are lowest

Last eruption: 1944. There are now strict evacuation strategies in place

DID YOU KNOW...

The ruins of the city of Pompeii are covered in ancient graffiti. Although much of it is quite rude, it does provide valuable insight into the population of the time before the eruption in AD79.

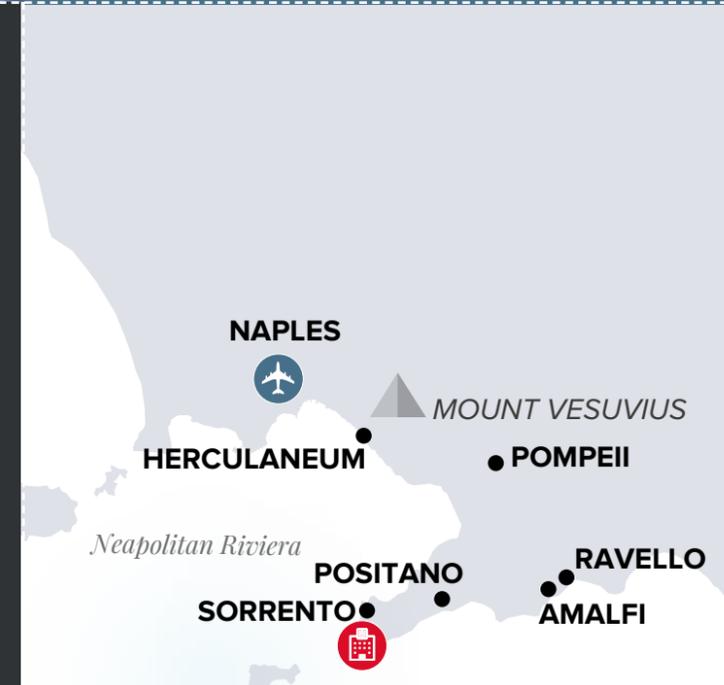
48 hours in...

...Pompeii

Discover Pompeii and explore elegant Sorrento in two fascinating days.

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Day One

08:00 Sorrento

Soak up the views over the Bay of Naples from The Imperial Hotel Tramontano. Mount Vesuvius will be visible from your balcony. You may see a scene of tranquility today, but imagine how different it was when it erupted in AD79.

09:00 Pompeii

From Sorrento, catch the special Circumvesuviana train which stops at both Pompeii and Herculaneum en route to Naples. Two trains run per hour and the journey takes approximately 30 minutes.

Having met your private guide, you will be escorted on a tour of Pompeii's villas, forums and baths.

Your guide will help you escape the crowds and discover the frescoes and mosaics giving insight into Bacchus and the Cult of Dionysus.

Also, visit Villa Poppaea, summerhouse of the wife of Emperor Nero to experience the lifestyle of wealthy Romans.

14:00 Vesuvius

It's possible to climb 1,000 metres by coach before making the final ascent to the crater on foot. Accompanied by an expert guide, you can walk to the crater's edge and witness steam rising from below. Mark the occasion by drinking Lacryma Christi wine, made from the grapes of Vesuvius' volcanic vineyards.

20:00 The Imperial Hotel Tramontano

Retire to your room, sip Limoncello and absorb breathtaking views of Vesuvius and the sunset over the Bay of Naples.



Exploring the Amalfi Coast: (Clockwise from top) Drive the Amalfi coast. Step back through time visiting Herculaneum. Aroma of lemons fill the streets of Sorrento. Imperial Hotel Tramontano with stunning views of the Bay of Naples.



Day Two

10:00 Herculaneum

Herculaneum did not suffer the exact same fate as Pompeii and was instead covered in volcanic mud and ash - preserving even the roof timbers of this ancient town.

Wander through frescoed villas and admire the mosaic-tiled floors. Be absorbed by the stories of Herculaneum's inhabitants, and how they met their fate.

14:00 Sorrento

Arrive back in Sorrento. Stroll along Via San Cesareo, admiring the vibrant cafés filled with diners and the artisanal boutique shops selling ceramics and ornate leather goods.

There's still time to observe the peaceful gardens of the 14th

century Cloister of St. Francesco. Alternatively, access views across the Bay of Naples towards Ischia and Capri from Villa Comunale, the largest public park in Sorrento.

18:00

Eventually, your appetite will lead to the Marina Grande to dine at the waterfront fish restaurants found there.

Finish your tour here, amid this authentic and peaceful slice of Italian life.

● Ready to embark on your own trip through history?

For more authentic adventures, speak to one of our Italy Experts on 01293 765094 or visit citalia.com.

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Image: Wat Rong Suea Ten Temple, Chang Rai.

For more inspiration speak to one of our Destination Specialists on 01293 762439 or visit hayesandjarvis.co.uk.



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